

BIOs for Harvard repeat webinar presenters on Sept 4, 2018

Dr. Martha Eddy

Dr. Eddy is a Registered Somatic Movement Therapist, Teacher of Body-Mind Centering, and Certified Movement Analyst with a doctorate in Movement Science, who has served on the faculty at Empire State Graduate Center, State University of New York, Columbia University, and Princeton University. She is the founder of the non-profit organization Moving for Life as well as the somatic movement therapy training, Dynamic Embodiment. Past president of the International Somatic Movement Education and Therapy Association, she is also the author of *Mindful Movement: The Evolution of Somatic Arts and Conscious Action*.

Bonnie Gintis, DO

Bonnie Gintis, DO, is an osteopathic physician, Continuum teacher, mindfulness meditation instructor, and Registered Somatic Movement Educator through ISMETA. She has synthesized her approach to facilitating healing processes through more than 20 years of study and teaching Continuum, 30+ years of osteopathic practice, and 45+ years of meditation. Author of *Engaging the Movement of Life: Exploring Health and Embodiment Through Osteopathy and Continuum*, Bonnie is a graduate of New York College of Osteopathic Medicine and has taught Continuum, mindfulness meditation, osteopathic principles and practice, manipulative medicine, as well as continuing medical education curricula worldwide. For more info, go to www.bonniegintis.com

Peter Payne

Peter Payne is a researcher at the Geisel School of Medicine at Dartmouth College and a Registered Somatic Movement Educator. He is a teacher and practitioner of meditation, Qigong, and Tai Chi, and a certified practitioner of Somatic Experiencing trauma therapy and the Alexander Technique of postural re-education. He has a life-long interest in clarifying the links between neuroscience and somatic practice. A primary author on 6 peer-reviewed papers on the subject, he has proposed neurological models to account for the effects of Qigong, Somatic Experiencing, and the Somatic disciplines generally. He is currently developing video- and virtual reality-based methods for teaching somatic movement. He has taught Master's level courses in anatomy, somatics, and neuropsychology at several colleges, and holds a B.A. in Social Relations from Harvard University.

Dr. Martha Herbert

Dr. Martha Herbert is a pediatric neurologist at Massachusetts General Hospital and an Assistant Professor of Neurology at Harvard Medical School. She earned her first doctoral degree at the University of California, Santa Cruz, in the History of Consciousness and then obtained a medical degree at the Columbia University College of Physicians and Surgeons. Dr. Herbert directs a number of projects aimed at expanding how we think about autism, the brain, chronic illness, biology, and the planetary crisis we are in. Her website, marthaherbert.com, details these "Higher Synthesis" projects.

Dr. Mardi Crane-Godreau (discussant)

Dr. Mardi Crane-Godreau is a dynamic thought leader who has gathered like-minded scholars into collaborations ranging from earlier research in immunology to current collaborations on somatic practices that challenge Cartesian paradigms. She leads a guest editorial team at *Frontiers in Neuroscience* for the research topic '*Somatic and Bodymind Approaches to Resilience.*' Since 2013, she and Peter Payne have pursued clinical research as well as addressing theoretical issues involved in the scientific investigation of somatic practices. She is especially interested in finding ways to teach somatic movement via digital media. One current project involves the development (in conjunction with Dartmouth's DALI Lab) of an app to improve somatic awareness and self-regulation in children with autism spectrum disorder. Dr. Crane-Godreau received her PhD from Dartmouth College where she is an Assistant Professor in the Department of Microbiology and Immunology.