

BIOs from Tel Aviv Symposium, July 2019

Dr. Martha Eddy: "Neural Mechanisms Associated with Interoception and Movement in Somatic Practices: Past and Future Studies"

Dr. Martha Eddy is a Registered Somatic Movement Therapist, Teacher of Body-Mind Centering, and Certified Movement Analyst with a doctorate in Movement Science, who has served on the faculty at Empire State Graduate Center, State University of New York, Columbia University, and Princeton University. She is the founder of the non-profit organization Moving for Life as well as the somatic movement therapy training, Dynamic Embodiment. Past president of the International Somatic Movement Education and Therapy Association, she is also the author of *Mindful Movement: The Evolution of Somatic Arts and Conscious Action*.

Dr. Amit Abraham: "Visual Mental Imagery: Beyond What the Eye Can See"

Dr. Amit Abraham (B.P.T, MAPhty, PhD) is a musculokseletal physical therapist specializing in dance injuries and rehabilitation and mental imagery. Dr. Abraham is currently a post-doc research fellow at Emory School of Medicine (USA), and his research focuses on the effect of mental imagery training on motor and non-motor aspects of performance in dancers and people with Parkinson's disease and on understanding human-human interactions through touch.

Elinor Silverstein: "What Happens in Vagal Doesn't Stay in Vagal: The Feldenkrais Method's® Impact on Parasympathetic Response through Touch and Movement"

Elinor Silverstein, an internationally recognized Guild Certified Feldenkrais Practitioner®, holds degrees in both Biology and Zoology. She integrates the sciences of nutrition and inner-biology into her teaching of the Gut-Brain Connection. Elinor has over 35 years of experience using the Feldenkrais Method® to assist adults and children with their healing process as they deal with serious nervous system disorders - both diagnosed and undiagnosed -which are often deeply connected to gut health, and more. She teaches her Gut-Brain program for the general public, as well as for medical professionals and Feldenkrais Practitioners throughout the world, while maintaining a private practice in Orange County, California.

Elisabeth Osgood-Campbell: "Somatic movement, physical exercise, and meditation: Exploring similar and distinct brain structures and cognitive benefits."

Elisabeth Osgood-Campbell, MA, EdM, is a dancer, educator, and researcher who investigates the impact of movement on cognition across the lifespan. This experiential and academic inquiry conducted in various contexts, including the Harvard Graduate School of Education and Tamalpa Institute, shapes her teaching and performance work. She is a Registered Somatic Movement Educator through the International Somatic Movement Education and Therapy Association (ISMETA) and served on that Board of Directors for nine years. Currently, she acts as the Chair of the Research and Publications Committee for ISMETA and is the author of an academic article on the educational implications of the philosophical concept of embodied cognition.