



ISMETA

International Somatic Movement
Education & Therapy Association

For Immediate Release

ISMETA New Board Members 2020

The International Somatic Movement Education and Therapy Association welcomes Mandy Chan, RSMT, from New York, New York, Rebecca Frost, RSMT, from Minneapolis, Minnesota, and Ray Schwartz, RSME, from Puebla, Mexico to serve on our board for the term beginning November 2020.

All new board members bring expertise as somatic movement educators and therapists and are excited about supporting our mission of transforming ourselves and the world through conscious movement internationally.

Learn more about these and all Board Members on our website: [ISMETA.org](https://ismeta.org) or Contact Dana Davison @ d.davison@ismeta.org for further information or interviews.