



ISMETA

International Somatic Movement
Education & Therapy Association

Board of Directors Virtual Meeting

MONDAY APRIL 25, 2022

11:00 AM – 1:00 PM EST

MINUTES

In Attendance:

Executive Committee: Maria Luisa Díaz de León Z. (President), Jane Okondo (Vice President), Richard Sims (Treasurer), Mandy Chan (Secretary), Ellen Barlow (Member at Large) Elisa Cotroneo (Executive Director)

Board Members: Bibiana Badenes, E.E. Balcos, Florian Filtzinger, Gayatri Schriefer, Ivana Sejenovich, Kehinde Ishangi, Ray Schwartz, Sylvain Meret

Special Guests: Nirvan Ananda, Organizational Consultant, Dana Davison, Elisabeth Osgood-Campbell, ISMETA Consultants and former Board Members.

Not in attendance: Rebecca Frost, Kima Kraimer, Donna Brooks On Leave of Absence

Goals:

- Connect as a full Board.
- Update on the ISMETA Strategic Visioning Process: Learn about the Organizational CANVAS, the Map for our next adventure.
- Engage in the Conference: Role of Board Ambassadors and Hosts.

Welcome and Opening Remarks ~ Maria Luisa Díaz de León Z., President

Somatic Arrival ~ Ellen Barlow

Consent Agenda ~ Mandy Chan, Secretary

The first official business of the meeting is to approve the consent agenda. This is where we vote to

accept the Committee Reports into the organizational record and the Agenda for our current meeting. The [Committee Reports](#) should be read in advance and any questions addressed to the Committee Chair prior to the meeting. Any items needing further discussion may be identified, removed from the Consent Agenda and added to the New Business portion of the meeting.

Motion to approve the Consent Agenda made by Ellen Barlow

Seconded: E. E. Balcos

All approve: Yes

Abstain: None

Do not approve: None

Action Items

Visioning Process Update – Nirvan Ananda & Elisa Cotroneo

- ISMETA Organizational CANVAS: A Map of our current organization and a landscape to play in for our Future Adventures
- What Next:
 - During the May 11th meeting, the Visioning Workgroup will share our “Consolidated Opportunities Spreadsheet”. We hope all will be able to join us, but if not, we will be recording this for all to view.
 - After that we will be giving the Committees the “Visioning Workgroups Package” for consideration, dreaming, and a place to jump off from.

Finance Committee ~ Mandy Chan, Committee Chair, Rich Sims, Treasurer

- [FY 2023 Budget Process Overview](#)
- [Phase one – Budget Items Request Form](#)
- [ISMETA – Project Proposal Application](#)

Policy Changes: ISMETA Board Votes on all Policy Changes, Membership Votes on Bylaw Changes

- Grievance Procedure updated. We received a complaint, and we were concerned about the policy needing updates. We followed through with that Grievance and at the same time worked with a Lawyer to update the existing Grievance Procedure. The Executive Committee approved the updates. We then received a second Grievance and were happy to have the updated version. The Board will review the updated version of Grievance Procedure and vote for approval via email. (All approve: yes, abstained: none, do not approve: none)

- A New 200 hour credential an Associate Somatic Movement Educator (ASME) did not get enough votes (All in Favor: 5 votes, opposed: 7 votes, abstained: none) to pass for launching. The Professional Standard Committee wanted clearer wording for the requirement and application before offering this new credential for applicants.
- New Board Appreciation Policy ~ Those Board Members who complete a full three year term will receive an additional 3 years of complimentary membership in ISMETA.

Motion to approve the New Board Appreciation Policy made by Ray Schwartz

Seconded: Jane Okondo

All approve: Yes

Opposed: None

Abstained: None

Conference Orientation ~ Ivana Sejenovich & Gayatri Schriefer, Co-Chairpeople

- Building the Container ~ Maria Luisa, Gayatri, Ivana, Ellen, Bibiana
- The Conference Platform, our playground ~ Elisa and Rich
- Role of Hosts (and Ambassadors) ~ Gayatri, Ivana, Elisa
- Conference Host folder will be shared via email.

New Business, Announcements+ Closure ~ Maria Luisa Díaz de León Z., President

Our Next Meetings

Conference: April 29 - May 1, 2022

Visioning Workgroup Sharing for full Board ~ May 11, 2022, 2:00 - 3:00 PM EST

Leadership Council: June 13, 2022, ~ 10:00 noon - 11:15 pm EST ~ All Board Members are invited

ISMETA Board Meeting: June 20, 2022, ~ 11:00 am –1:00 pm EST

Meeting adjourned by Maria Luisa Díaz de León Z. at 1 pm.

Approval of Minutes: Maria Luisa Díaz de León Z., Jane Okondo, Richard Sims, Mandy Chan, Ellen Barlow, Elisa Cotroneo, Bibiana Badenes, E. E. Balcos, Florian Filtzinger, Kehinde Ishangi, Ivana Sejenovich, Sylvain Meret, Ray Schwartz and Gayatri Schriefer