



# ISMETA

International Somatic Movement  
Education & Therapy Association

## Board of Directors Virtual Meeting

MONDAY APRIL 24, 2023

11:00 AM – 1:00 PM EST

### AGENDA

**Executive Committee:** Marialuisa Díaz de León Z. (President), Jane Okondo (Vice President), Richard Sims (Treasurer), Ellen Barlow (Member at Large) Elisa Cotroneo (Executive Director)  
Mandy Chan (Secretary)

**Board Members:** Bibiana Badenes, E.E. Balcos, Florian Filtzinger, Kehinde Ishangi, Kima Kraimer, Sylvain Meret, Gayatri Schriefer, Ray Schwartz.

**Special Guests:** Nirvan Ananda, Managing Director, Elisabeth Osgood Campbell, Assistant Director

#### Goals:

- Connecting with one another as a full Board
- Discussing transitions
- Finance Committee – FY 2024 Budget Proposal Process

#### Welcome and Call to Order

11:00 – 11:05 am (5min) ~ **Welcome, Opening Remarks** ~ Marialuisa Díaz de León Z., President

11:05 -11:10 am (5min) ~ **Somatic Arrival** ~

11:10– 11:15 am (5 min) ~ **Consent Agenda** ~Mandy Chan, Secretary

The first official business of the meeting is to approve the consent agenda. This is where we vote to accept the Committee Reports into the organizational record and approve this Agenda for our current meeting. The [Committee Reports](#) should be read in advance and any questions addressed to the Committee Chair prior to the meeting.

#### Action Items

11:15 – 11:45am (30min) ~ **Change is in the air** ~ Conversation about Transitions

11:45 – 12:45pm (60min) ~ **FY2024 Budget Proposal** ~ Elisa Cotroneo, Executive Director and Rich Sims, Board Treasurer

**12:45 – 1:00 pm (15 min) ~ Appreciation, Announcements + Closure ~** Maria Luisa Díaz de León Z., President; and Jane Okondo, Vice-President

**Our Next Meetings:**

**CO-CHAIR MEETINGS:** May 22, 2023 12:00pm - 1:30pm

**LEADERSHIP COUNCIL MEETING:** June 12, 2023 10:00am - 11:30am ET ~ All Board Members are invited

**ISMETA BOARD MEETINGS:** June 19, 2023 11:00am - 1:00pm ET

**Our Next Tasks:**

**Approval of Minutes:**

Keep an eye on your email. Minutes will be sent out for your approval within a week of this meeting. **ALL Board Members Need to Read and Respond with edits or acceptance within One Week of receiving the DRAFT Minutes! Please be considerate and attend to the deadline. It really is a big deal to track people down.**