

Dear ISMETA Board of Directors and Operations Team,

Greetings and welcome to our first internal newsletter for the Board of Directors and Operations Team!

We thank you for your service throughout this year, which has been marked by major transitions, unexpected challenges, and inspiring teamwork! Without each of you, ISMETA would not be the resilient organism it has proven itself to be. We are grateful for the contributions you have made and we look forward to working together in the coming year.

Here are important updates to share with you:

2024 Board meeting dates

We will meet on these dates in 2024 at these times, listed in Eastern time:

- Monday, January 29, 2024, 12:30-2:30pm
- Wednesday, April 24, 2024, 2:00-4:00pm
- Wednesday, June 19, 2024, 2:30-4:30pm
- Tuesday, September 24, 2024 2:00-4:00pm

Committee Commitments for 2024

[HERE](#) is a chart of the new committee rosters for next year. The Board Development Committee (BDC) is about to send a Call for Nominations for potential Board Candidates and will prioritize people with skills to contribute to these committees: Audit and Finance (accounting/taxes), Research and Publications, Communications (social media/marketing) and Governmental Relations (legislative advocacy). The BDC hopes to bring on a few new members by June if possible, and by November 1, 2024 at the latest.

New ISMETA Members, Fiscal Year-to-Date (July 1 – November 20, 2023)

In response to Board members' requests, we will provide updates about new individual ISMETA members and new Approved Training Programs seasonally. *Since* July 1, 2023, we have welcomed

- 35 RSME/Ts
- 2 MSME/Ts
- 3 ASMP
- 32 Student members
- 1 Friends of ISMETA
- 3 Approved Training Programs

[Click here](#) for the detailed list including Names, Countries, and Membership Type.

Professional Development Center Business Model Canvas

Nirvan, Elisabeth, Rich and Gayatri have been working hard to get ready to invite members and Approved Training Programs to submit applications to facilitate courses on the PDC and generate more income for ISMETA! [HERE](#) is a link to the PDC Business Model Canvas. Stay tuned for the Call for Proposals in early December!

Update on the Phase II Budget for the remainder of this fiscal year (through June 30, 2024)

- A Phase II Budget Proposal will be sent by November 28, 2023 for Board for approval. Time for Q&A is included in the Executive Committee meeting on November 29 from 2-3:15pm. Questions could be addressed through email.
- [Please click here for an update about the List of Income-generating Ideas](#) from the Board retreat

Thanksgiving Holiday in the United States – November 23

We give thanks for you and your service!

Also, the ISMETA “Out-Of-Office” automatic response will be turned on from November 22-25 in recognition of the national holiday. In the United States, we will observe Thanksgiving Day on Thursday, November 23. Traditionally, this includes a long weekend starting Wednesday to allow time for travel. We welcome recognition of other major holidays around the world in future newsletters.

Thank you again for engaging with the evolution of this organism in meaningful ways. Together, we are growing the profession of somatic movement education and therapy!

With appreciation,
Elisabeth Osgood-Campbell and Nirvan Ananda