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| **Independent Track Application for:**  **Associate Somatic Movement Professional (ASMP-250)**  *Associate Somatic Movement Professional represents members who have fulfilled a minimum of 250 hours of training in Somatic Movement. This category may represent members who primarily identify as professionals in other fields and who have fulfilled a minimum of 250 hours of somatic movement training to complement their practice.*  **Registered Somatic Movement Educator (RSME-500)**  *Registered Somatic Movement Educators represent members who have fulfilled a minimum of 500 hours of training in Somatic Movement. They are qualified to offer individual and group sessions in Somatic Movement Education. The curriculum of their training supports being an educator.*  **Registered Somatic Movement Therapist (RSMT-500)**  *Registered Somatic Movement Therapists represent members who have fulfilled a minimum of 500 hours of training. They are qualified to offer individual and group sessions in Somatic Movement Therapy. The curriculum of their training supports being a therapist.*  **Master Somatic Movement Educator / Therapist (MSME/T-1000)**  *Master Somatic Movement Educator and/or Therapist represents members who have fulfilled a minimum of 1000 hours of training in Somatic Movement and 500 hours of teaching/sessions and have achieved high standards of knowledge, experience and development in their work as demonstrated through publications, research, curricular development, conference presentations and/or embodied praxes.* | |
| **I am applying for: ASMP-250 RSME-500 RSMT-500 RSME/T-500 MSME-1000 MSMT-1000 MSME/T-1000**  **I am a current ISMETA member applying for Master recognition.** | |
| Applicant Name: Click here to enter text. | |
| Address: Click here to enter text. | |
| Phone: Click here to enter text. | Website: Click here to enter text. |
| Email: Click here to enter text. | |

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| **For all applicants:**  Please provide a brief overview of applicant’s experience both curricular and professional to be considered for ISMETA professional membership. Please ensure your content is directly related to Somatic Movement Education and Therapy and supports your choice to register as either ASMP, RSME, RSMT (or both) or MSME, MSMT. 300 word maximum.  Click here to enter text.  **For those applying for Master Somatic Movement Educator or Therapist:**  Please provide an overview of how you have achieved high standards of knowledge, experience and development in your work as demonstrated through publications, research, curricular development, conference presentations, or embodied praxes. 300 word maximum.  Current ISMETA members: Please also provide a synopsis of your original 500 hours and an overview of your additional 500 hours in the box below. Full details of the additional 500 hours are required below.  Click here to enter text. | |
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| **I. CURRICULAR REQUIREMENTS** | |
| **Please review:**  [ISMETA’s Pillars of the Profession](https://ismeta.org/wp-content/uploads/2022/12/2022-PILLARS-OF-THE-PROFESSION-12.1.22.pdf)  [Professional Member Training Requirements](https://ismeta.org/wp-content/uploads/2023/03/PROFESSIONAL-MEMBER-TRAINING-REQUIREMENTS-2023.03.01-1.pdf)  All material submitted should demonstrate proficiency and adherence to the Pillars of the Profession and the Professional Member Training Requirements. | |
| **Please list Professional Somatic Movement Training Programs** where you have completed coursework:(Provide contact name/phone/email/website): | |
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| **Please provide the details of your 250/500/1000 hours** of relevant professional training in Somatic Movement. Other training in addition to Somatic Movement will not be considered for this requirement. | |
| **Courses/Modules/Units** (provide link to syllabus if available) | **Contact Hours** |
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| **Total Credit Hours** | Click here to enter text. |

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| **II. CORE COMPETENCIES** | |
| Include here a detailed description of how your coursework specifically prepared you to meet the [ISMETA Core Competencies.](https://ismeta.org/wp-content/uploads/2022/12/2022-PILLARS-OF-THE-PROFESSION-12.1.22.pdf) | Please be concise using under 300 words for each competency |
| 1.   Demonstrate the primary movement principles of the system(s) trained in; | Click here to enter text. |
| 2.   Articulate observations of the client’s posture/somatic organization; | Click here to enter text. |
| 3.   Describe observations of the client's movement processes; | Click here to enter text. |
| 4.   Design movement activities to support the client’s somatic awareness; | Click here to enter text. |
| 5.   Facilitate movement activities to cultivate the client’s somatic awareness; | Click here to enter text. |
| 6.   Develop lesson plans to foster movement repatterning; | Click here to enter text. |
| 7.   Lead experiential explorations of anatomical structures and physiological processes; | Click here to enter text. |
| 8.   Demonstrate skillful use of verbal and non-verbal communication; | Click here to enter text. |
| 9.   Demonstrate the process for engaging in ethical touch; | Click here to enter text. |
| 10. Distinguish between activities that are inside and outside of ISMETA’s Scope of Practice. | Click here to enter text. |
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| **III. PROFESSIONAL PRACTICE REQUIREMENTS** | |
| **For the ASMP, RSME, RSMT:**  You must send evidence of hours of professional practice within two years of your acceptance by ISMETA. 50% of these hours may occur whilst you are still in training, but must be in addition to the required training hours. ISMETA recommends a balance of individual and group sessions. For ASMP you must complete 75 hours; RSME/T you must complete 150 hours.  Please download and use [this form](https://ismeta.org/wp-content/uploads/2023/03/ISMETA-PROFESSIONAL-PRACTICE-HOUR-RECORDING-FORM-2023.03.01.docx) to document your professional practice hours and return to ISMETA.  **For the MSME/T 1000:**  Professional Practice hours are a part of the application process. Please attach documentation of 500 hours of professional practice by using [this form](https://ismeta.org/wp-content/uploads/2023/03/ISMETA-PROFESSIONAL-PRACTICE-HOUR-RECORDING-FORM-2023.03.01.docx) and submit with this application.   |  | | --- | |  | | |

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| **IV. POLICIES AND STANDARDS** |
| ISMETA’s membership requires a high standard of professional practice by all ASMP, RSMT and/or RSME, and MSME and/or MSMT.  The Pillars of the Profession; Scope of Practice, Core Competencies, Standards of Practice, and Code of Ethics, are established guidelines for the conduct of ALL ISMETA recognized practitioners.  Please review these policies and standards and attest to your intended compliance with these standards and Logo Usage Agreement, by checking the boxes below. |
| 1. **Pillars of the Profession:** [Review Document](https://ismeta.org/wp-content/uploads/2022/12/2022-PILLARS-OF-THE-PROFESSION-12.1.22.pdf)   Applicant has read and agrees to comply |
| 1. **Logo Usage Agreement:**   We encourage Professional Members to use their credentials after their name wherever possible; when speaking, in print and/or digitally on websites. The ISMETA Logo can be used in print or in digital applications. We ask that when using the logos, you hyperlink to the ISMETA homepage [www.ISMETA.org](http://www.ISMETA.org). Please note these Logos are dated and will need to be updated yearly on your materials. Along with the Logo, we ask that you include the following language wherever possible:  As a Professional Member of the International Somatic Movement Education and Therapy Association, I meet the high [Standards of Practice and uphold the Code of Ethics](https://ismeta.org/about-the-profession). For more information visit www.ISMETA.org  Applicant has read and agrees to comply |
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| **V. FINANCIAL REQUIREMENTS** |
| Each individual applying for ISMETA professional membership agrees to pay a nonrefundable application fee of $75 and the first year’s dues at the time of application (dues are refundable if application is not accepted). Renewal notices are sent through email one month prior to due date and are expected prior to membership lapse. |
| Application Fee and first year dues are included with membership application. (either or separately via check). Please note the review process only begins once payment is received and may take up to two months to complete. |
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| **VI. SUPPORTING DOCUMENTATION** |
| In addition to applying for membership online at [this link](https://ismeta.org/join-individual) (you will need to click into the membership type) please check off and provide the following supporting materials to [info@ismeta.org](mailto:info@ismeta.org). Please use subject line: INDEPENDENT TRACK APPLICATION: Your Name. |
| This completed application form |
| Copies of all certificates from the training programs attended |
| Two letters of recommendation: from a mentor, colleague or client/student who has experienced your somatic movement work |
| Personal Statement (This is part of the online application) “Why are you interested in joining ISMETA?” |
| A catalog or brochure of the school(s) attended OR detailed biographies of the instructors you mentored with. If available online please provide links in Section I. Curricular Requirements of this form. |
| \*After review of this information, we MAY request: Video work samples - OR - Detailed descriptive written case analyses - OR - we may also direct you to an ISMETA Approved Training Program or ISMETA Recognized Professional in your area so that they can observe your practice. |
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| Signed By: Name and Title.  Date: Click here to enter text. |

Revised on 03.01.2023