The background of the slide features a scenic view of a mountain range with rugged, rocky peaks and some snow-capped summits. The sky is filled with large, dramatic clouds, and the overall lighting suggests a bright, sunny day. A large, solid orange rectangle is superimposed over the center of the image, serving as a backdrop for the title text.

ISMETA Strategic Visioning & Implementation

2021 - 2023

WORDS TO REFLECT ON



If you want to go fast, go alone.
If you want to go far, go together.

Proverb



Our Journey Together

A multi-year Strategic Visioning and Implementation Process Starting in September 2021



Culture Building

Established a Foundation and Frame through Communication and Engagement

A

APPRECIATION

Strengths-Based
Whole System
Generative

B

GROUP NORMS

Stay Present & Engaged
Listen + Be Curious
“Yes and”
Respect + Speak Up

C

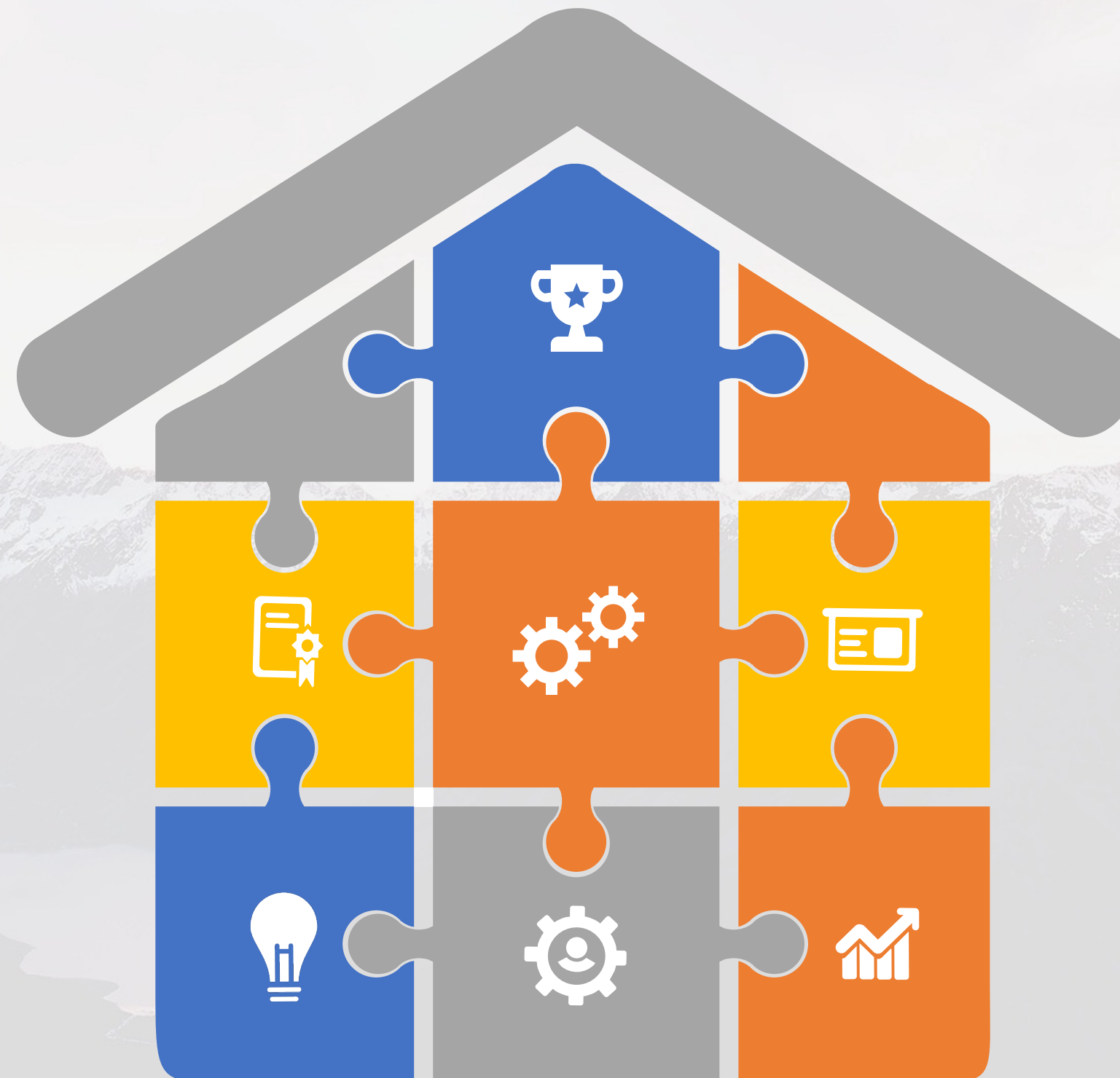
GUIDING PRINCIPLES

Transparent + Iterative
Inclusive + Intentional
Honoring + Innovative.

D

ACCOMPLISHMENTS

Celebrating
Organizational
Individual
Success



Membership Engagement

Gathered Stakeholder Voices to Gain a Whole System Perspective

SOAR Framework

Strengths
Opportunities
Aspirations
Results

Membership

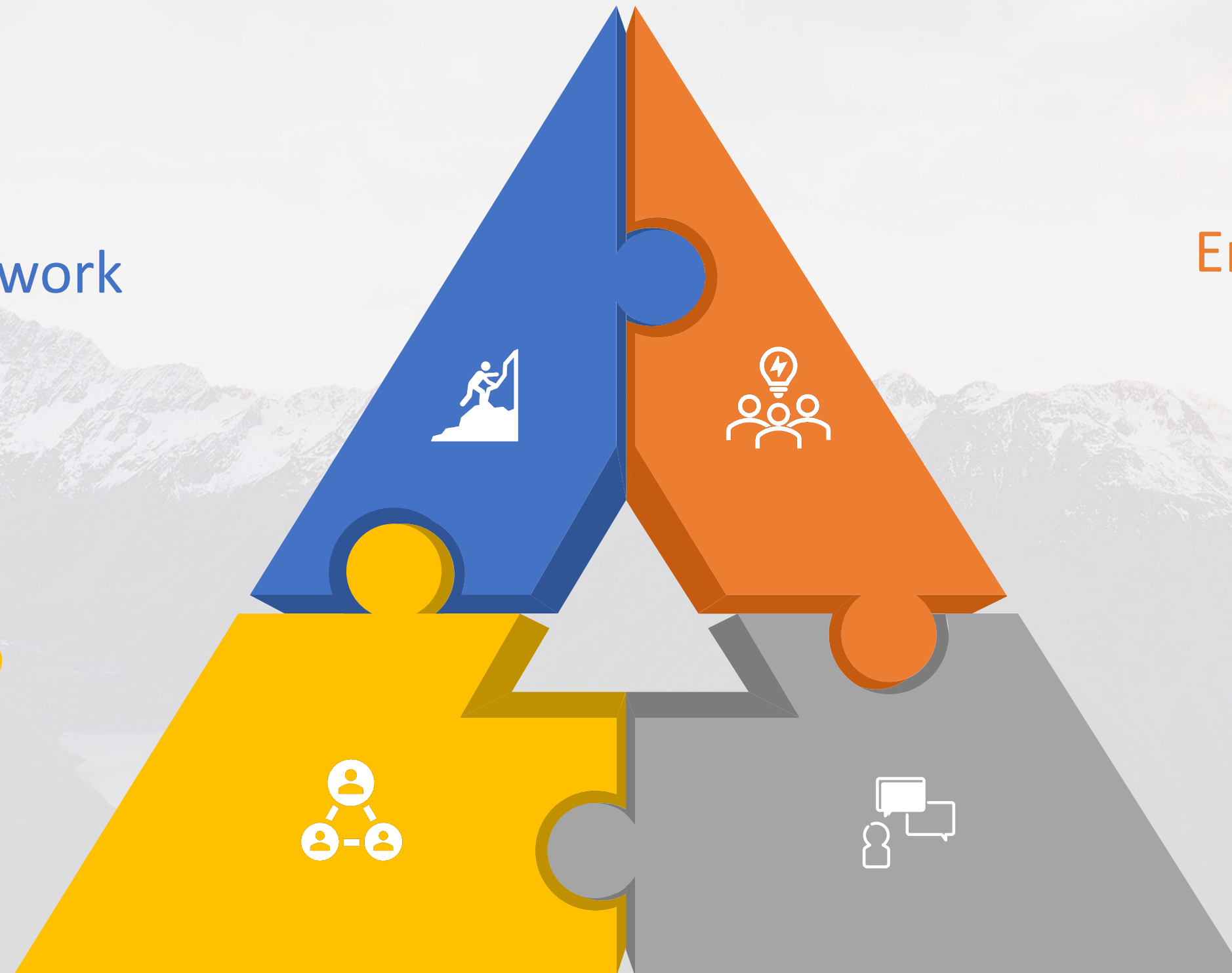
Board of Directors
Professionals
Committees
Affiliate Leadership

Engagement Tools

Surveys
Meetings
Interviews
Workgroups

Share Outs & Feedback

S.O.A.R. Engagement Results
Key Insights
Truths, Trends, Unique Ideas



Core Confirmation

The Mid-line and Fascia of Our Movement and Outreach

MISSION

Growing the Profession
of Somatic Movement
Education and Therapy

VISION

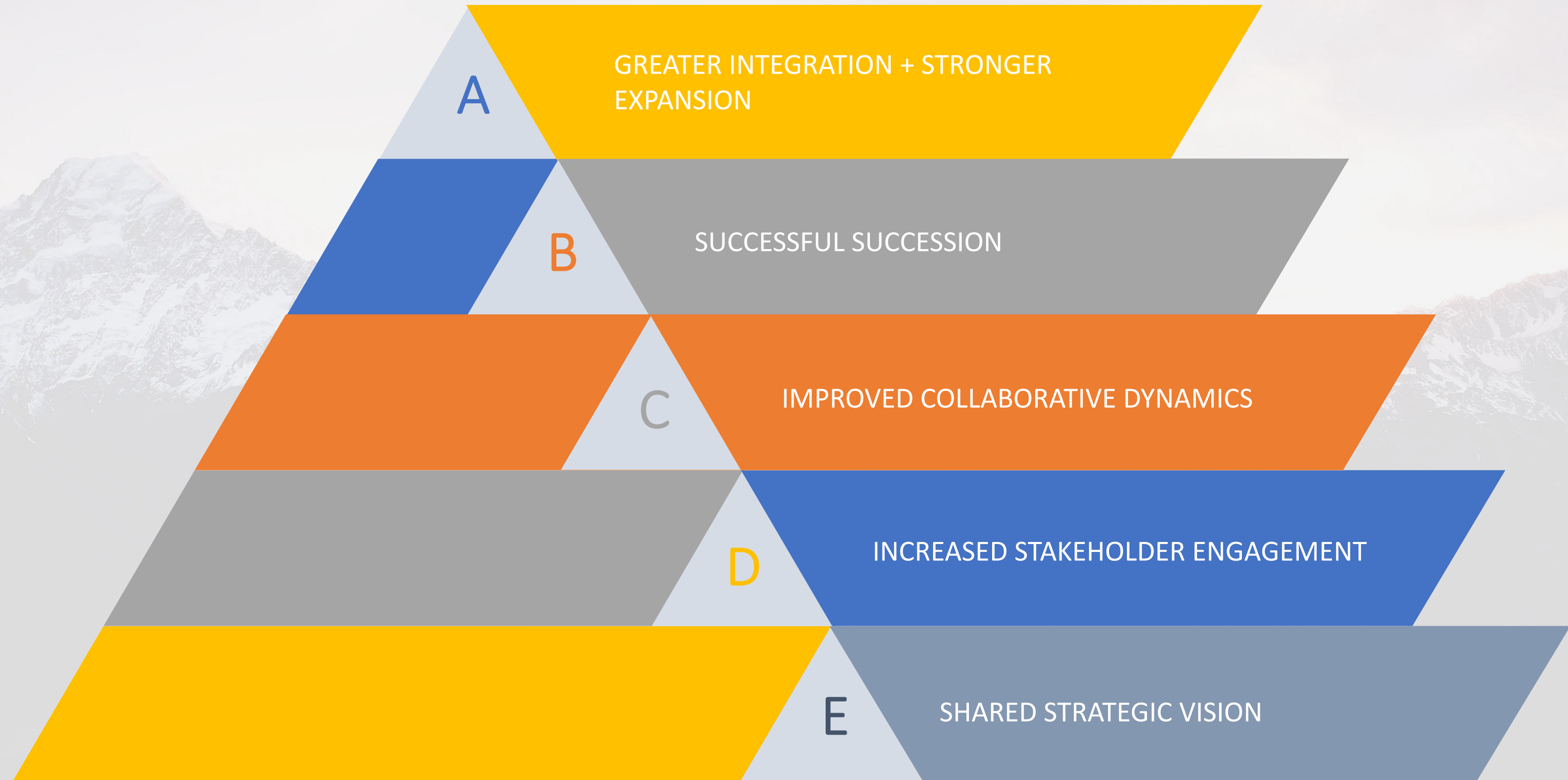
Transforming Ourselves
And the World
Through Conscious
Movement

VALUES

Stewardship
Accessibility
Professional Integrity
Embodied Action

RESULTS

Strategic Visioning through Collaborative Membership Engagement



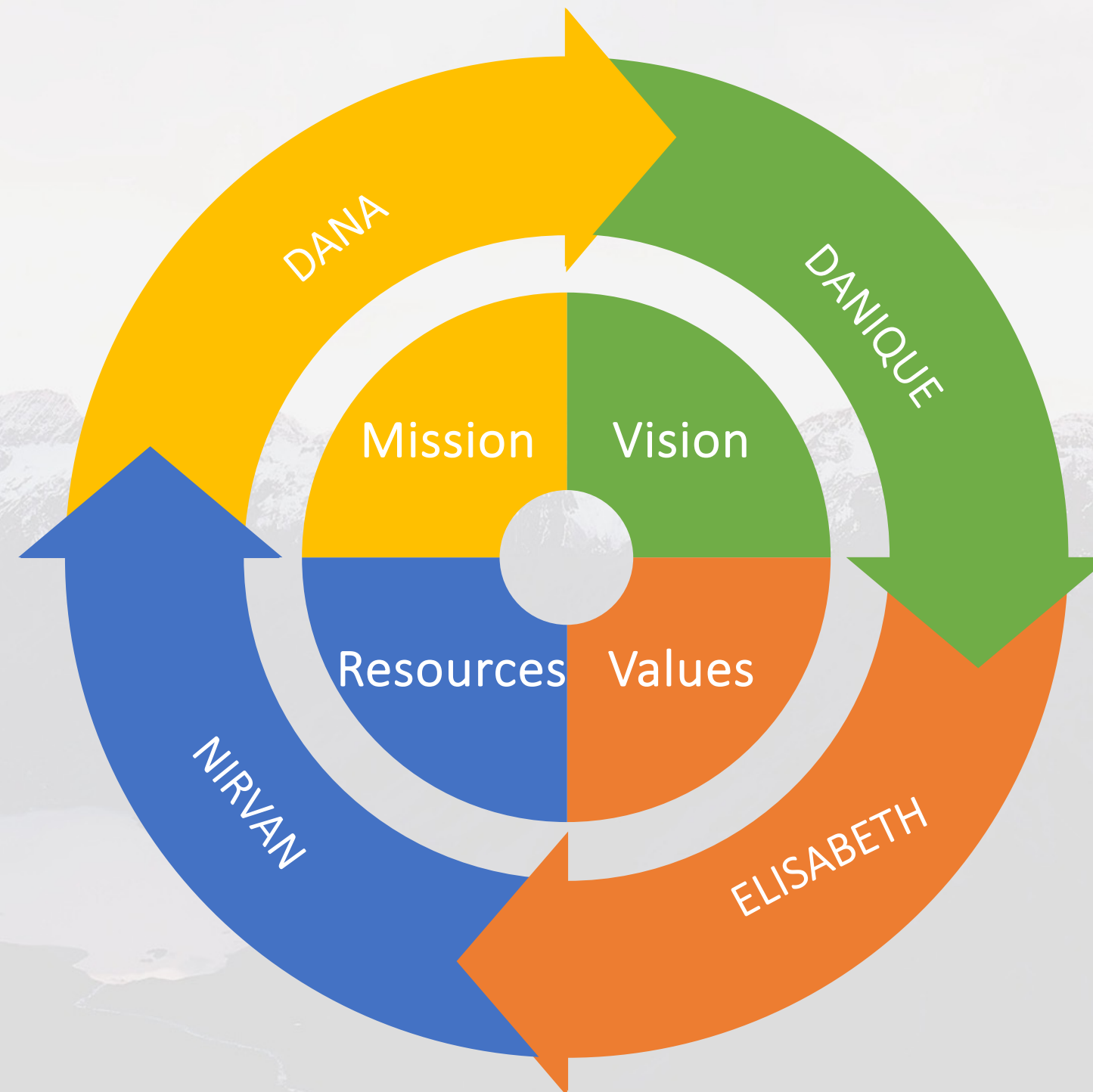
ISMETA Operations Team

Collaboratively Supporting ISMETA's MVVR, BOD and Members with Operational Areas of Focus

COMMUNICATION
+ EVENTS



BUSINESS +
ORGANIZATION



MEMBERSHIP +
ADMINISTRATION



COMMUNITY +
PROFESSION

Executive Committee

Elected by the BOD 2023-2024



Richard Sims
PRESIDENT



Kehinde Ishangi
VICE-PRESIDENT



Ray Schwartz
TREASURER



Gayatri Schriefer
SECRETARY



Ellen Barlow
MEMBER AT LARGE



ISMETA

International Somatic Movement
Education & Therapy Association

ISMETA Committees & Workgroups

Continuing Our Journey Through 2023 and Beyond

AUDIT & FINANCE	BOARD DEVELOPMENT
PROFESSIONAL STANDARDS	GOVERNMENT RELATIONS
COMMUNICATIONS	SOMATIC ARTS & EDUCATION
RESEARCH & PUBLICATIONS	EQUITY, JUSTICE, & ACCESSIBILITY
GLOBAL MEMBERSHIP	PROFESSIONAL DEVELOPMENT CENTER

ISMETA Implementation Objectives

Continuing Our Journey Through 2023 and Beyond





ISMETA

International Somatic Movement
Education & Therapy Association

May we go far Together!

Thank you