



ISMETA

International Somatic Movement
Education & Therapy Association

February 2024

Dear Leadership Council Representatives,

Happy February! We hope this message finds you well. The ISMETA Operations Team and Board of Directors have many reminders and updates to share in this second newsletter.

First and foremost, we reiterate our invitation to all Approved Training Programs to participate in this exciting project: "The Essential Elements of Somatic Movement Education and Therapy: A video library of ISMETA Approved Training Programs."

- The "Essential Elements" introductory sessions will both publicize your training programs and help define the profession of somatic movement education in the broader context of popular but vaguely defined "embodiment" and "somatic" practices. We look forward to scheduling these video launches/live events through the PDC in the coming months.
- Please click [HERE](#) to read details about the project.
- If you were unable to attend the meeting yesterday, please [view the recording](#).
- Afterward, feel free to visit the [Essential Elements Video Project Proposal Form](#). You can download a copy of the questions in a Word document by clicking on the link in the second paragraph of the description. When you are ready to submit a proposal, you can copy and paste the text from the Word document into the Google form. Please contact us if you have questions about the project or the proposal form at: fdc@ismeta.org.

Here are other important reminders and updates:

- Our joint conference with the National Dance Education Organization (NDEO) is happening July 19 -21, 2024 in New York City. The deadline for proposals is less than two weeks away on February 29, 2024. Please consider submitting a proposal to teach there. Read the Call for Proposals details [HERE](#)! Registration is also open for those who want to attend the conference without presenting.
- The Professional Development Center (PDC) Workgroup has received 8 proposals from members to teach classes and workshops in the PDC.
- We are delighted that the first member-initiated event on the topic of "Movement Meditation for People with Severe Illnesses" will be taught by the Founding Director of ISMETA, Dr. Jim Spira, on March 23 from 12 – 3pm Eastern time! For more information and to register, please [click HERE](#).
- Other workshops and classes are being finalized for this spring and next fall. As a reminder...
- The ongoing [Call for Proposals](#) can be found at the bottom of the landing page for the PDC.
- All members (including you!) can submit proposals to teach workshops and courses. Please encourage people you know who might be interested to send us proposals.
- If you know someone who is not a member but wants to teach, they can become a Friend of ISMETA for \$95. (A sliding scale fee is available for anyone who is experiencing financial challenges.)



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- The Board Development Committee has been busy interviewing potential candidates to join our Board! Three people have been invited to continue with the nomination process and they plan to attend the first part of our April 24 Board meeting. Up to two more candidates will be interviewed and may possibly join the April meeting as well. New members who are approved by the Board and elected by the membership (in a May election) will begin their Board service on June 1.
- The Executive and Communication Committees are beginning to plan a Global (or International) Somatic Movement Day for October 3, 2024. Please mark your calendars now and stay tuned for more information!
- The next Equity, Justice, and Accessibility Community Conversation will occur on March 8 at 10:30 am ET. All faculty, training students, and alumni of your programs are invited to attend! [HERE](#) is the registration link to share.
- Rich, Elisabeth, and Nirvan are writing an Annual Report for 2023 including the total number of new members for this year. We intend to publish the report in the March newsletter.
- For those who want to review the distribution of responsibility among members of the Operations Team, [HERE](#) is the spreadsheet that details how paid staff collaborate to steward our organization.

Thank you again for the ways in which you contribute to this organization and our profession!

With appreciation,

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director