



ISMETA

International Somatic Movement
Education & Therapy Association

Dear Leadership Council Representatives,

Thank you to those who attended our Leadership Council meeting yesterday to discuss the role of online learning in our programs and organizations. It was a rich conversation that will continue in the months and years to come!

VIDEO LINK

The video recording can be found [HERE](#). If you were not able to attend the meeting yesterday, please view the video as soon as possible and then *click on the Attendance Form below*.

ATTENDANCE

We are instituting a new way to record your participation in the quarterly Leadership Council meetings. **Regardless of whether you attended the meeting live or watched the video, PLEASE CLICK ON [THIS QUICK ATTENDANCE FORM](#)**. It includes a field in which you can enter additional comments about the topic of online learning.

SUMMARY OF MEETING

Managing Director, Nirvan Ananda, welcomed everyone to the online gathering. Then, Aceneth García Vargas, who is the Director of the recently approved 500-hour training program, Elemental Movement in Mexico, facilitated a lovely Somatic Arrival.

Next, Executive Director, Elisabeth Osgood-Campbell, shared a PowerPoint presentation of the Leadership Council responses to the questionnaire that was sent out previously. Her slides are integrated into the video recording and are attached for your convenience. They can also be found in the [Leadership Council Portal](#) in the “Past Leadership Council Meetings 2023 & 2024” section.

Richard Sims, Board President, presented these questions for groups of 2-3 people to discuss in breakout rooms for about 12 minutes:

- What potential benefits could come from increasing the percentage of live, online training hours?
- What potential benefits could come from increasing the percentage of pre-recorded training hours? What sort of follow up is required to insure learning through this format?

Then, another 10-minute round of breakout room discussions occurred in response to these questions, which were presented by Board Secretary, Maya Gayatri Andersson:



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- How would a recommended minimum percentages for in-person learning affect your program or organization?
- How would a recommended maximum percentages for live, online learning and for pre-recorded learning affect your program or organization?

Afterward, the groups reconvened in the main gallery to harvest important points from their small group discussions for 15 minutes.

ANNOUNCEMENTS

Elisabeth Osgood-Campbell reminded the Approved Training Programs (ATPs) about the invitation to participate in the upcoming video library project. The intention is for the ATPs to articulate the fundamental principles of their work in introductory, experiential sessions that will be publicized through ISMETA's Professional Development Center. The tentative title for this project is, "Essential Elements of Somatic Movement Education and Therapy: ISMETA Approved Training Programs." If you have suggestions for an alternate title, your input is welcome. The proposal form can be found [HERE](#).

Richard Sims brought the meeting to a close with these additional announcements:

- The next Open House date to share with your students and graduates: April 10 at 12pm and 8pm EDT
- ISMETA Founder, Jim Spira, offers the first member-initiated workshop in our Professional Development Center on March 23 from 12 – 3 pm Eastern Daylight Time
- The next LC meeting dates are: Monday, June 10 (10 – 11:30 AM Eastern U.S. Time); Wednesday, September 11 (12 – 1:30 PM Eastern U.S. Time); and Monday, December 9 (10 – 11:30 AM Eastern U.S. Time)
- Please save the date October 3rd, 2024 for the Global Somatic Movement Day! More information will come soon.
- ISMETA is co-sponsoring a conference with the National Dance Education Organization in New York City from July 19-21, 2024. Details can be found [HERE](#).

Thank you for participating actively in our organization. We look forward to continuing to grow the profession of Somatic Movement Education and Therapy with you!

In service,

The Leadership Council Workgroup



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Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director

Richard Sims, Board President

Kehinde Ishangi, Board Vice President

Maya Gayatri Andersson, Board Secretary