

# **ISMETA Committee Reports April 2024**

## **Audit and Finance Committee**

Chair: Richard Sims

- Began FY 2025 Budget Process
- Distributed letter asking committees for their FY 2025 Budget request.
  - We want committees to think forward and dream about what they would ask/envision for a fiscally healthy organization, with the understanding that we will have a conservative budget for 2024-2025.
- Confirmed Bank of America Account Signatories official update to include Rich Sims (President), Elisabeth Osgood-Campbell (Executive Director), Nirvan Ananda (Managing Director) as Signers and remove Elisa Cotroneo (Executive Director – retired) on both the Checking and Savings accounts
- Discussed the worst-case scenario if we had to close our organization. We do not foresee this happening, but it is good to know that we can meet our financial responsibilities if it did.
- Authorized a second dedicated Zoom line for the Professional Development Center
- Confirmed 1st Half Actuals vs Budget vs Prior Year, including:
  - ISMETA Cash Balance > \$25k
  - Mentorship Revenue > \$2,000 over budget estimate
  - Mentorship & PDC Revenue Benefits
- Discussed Elisa's Honorarium MOU and Partial Payment request and passed our recommendation on to the Executive Committee after a unanimous vote.
- Authorized and distributed \$2,000 towards Elisa Cotroneo's Honorarium after hearing back from the Executive Committee.
- Considered the NDEO Keynote Speaker Honorarium and approved the figure of \$550 for Claire Porter
- Considered a Materiality Threshold for Expenses. At what levels of spending does the operations team need to ask for approval to spend money.
- Discussed a plan to transition bookkeeping responsibilities in house (by Nirvan Ananda) by June of 2024
- Discussed Magaly "Sun" Vallejo interview and her interest in being a member of the Finance Committee.

## **Board Development Committee**

Chair: Ellen Barlow

- Completed 4 Potential Board Candidate interviews since the last Board meeting for a total of 5 interviews
- Invited 4 (of 5) Potential Board Candidates to the April 24, 2024, Board meeting
- Collected CV's, bios and photos of Potential Board Candidates for the current Board of Directors to review
- Updated "Board Buddy" invitation letter for the current Board of Directors
- Planned for Nirvan Ananda and Elisabeth Osgood-Campbell to check-in with remaining Board members about how their Board service is going
- Met with Board members whose terms will end in 2024 to see if they'd like to serve another term

## **Communications Committee**

Chairs: Bibiana and Florian Filtzinger

- Created a draft proposal and letter about the Global Somatic Movement Day on October 3, 2024
- Created and sent out multiple newsletters and standalone MailChimp emails announcing Professional Development Center events, joint conference with NDEO, and Special Events (Jamie McHugh's podcasts, book talk by Sondra Fraleigh and Shannon Rose Riley)
- Added banners to the homepage to announce new Professional Development Center events
- Hosted Jamie McHugh's monthly Ecosomatics podcast
- Streamlined social media post process for Facebook, Instagram and LinkedIn
- Discussed Special Events and/or Somatic Café series on the impact of somatic movement on conflict resolution and in activism
- Discussed a Professional Development Center event with Emory M. Moore Jr.

## **Executive Committee**

Richard Sims, President, Kehinde Ishangi, Vice President

- Reviewed Master Level Endorsement Letter for the Influencer Campaign.
- Discussed Board Development Committee potential collaboration
  - Board Buddy system is in place for new board members
- Considered proposal to reactivate an Advisory Board or Council
- Discussed a question from a member regarding whether ISMETA would support our members ability to be listed in the Psychology Today registry

- Reviewed how ISMETA finalizes decisions made by the organization and in our committees
- Discussed the ATP approval process and responded to the concerns of an Approved Training Program Director about language in the Pillars of the Profession
- Created an April Board Meeting Planning Workgroup
  - The group consists of Kehinde, Rich, Gayatri, Elisabeth, and Nirvan.
- Invited Board members to attend Jim Spira's workshop on March 23 (12-3 pm EDT) at no cost.
- Reviewed Professional Development Center, Jim Spira event, Moving Meditation for People with Severe Illness report:
  - 38 Registrants paid \$2,031
    - 25 Paid (15 Members, 10 Non-members)
    - 13 Free (current and former Board members)
- Discussed Jane Okondo status moving forward:
  - She will attend the April virtual Board meeting to say goodbye and have closure
- Discussed gifts for board members leaving the board
- Considered how to track ISMETA PDC investment and returns
- Reviewed potential Annual Membership Meeting dates for October 2024
- Confirmed that 2023 Annual Report is completed and will be posted in Member Portal
- Discussed Daria Halprin's suggestion about contacting Goddard College to see if they are willing to mention ISMETA in their Embodiment concentration.
- Approved and sent partial payment of \$2,000 to Elisa Cotroneo as an honorarium

### **Equity, Justice and Accessibility Committee**

Chairs: E.E. Balcos and Elisabeth Osgood Campbell

- Scheduled bi-monthly Community Conversations on the topic of "Accessibility in the Profession of Somatic Movement Education and Therapy" for 2024
- Hosted ongoing book/practice discussion group on Rae Johnson's Embodied Activism
- Addressed the issue of the use of the word "master", and created and published rationale for its use
- Continued to discuss a demographic survey of the ISMETA membership to know who is and who is not a part of our organization

## **Global Membership Committee**

Chair: Florian Filtzinger

- Proposed three questions to support awareness of global membership to the Equity, Justice and Accessibility Committee and will work with them in the future
- Collaborated with the Communications Committee (Bibiana Badenes and Florian Filtzinger) on the Global Somatic Movement Day, October 3, 2024
- Discussed ideas for upcoming Special Events and Somatic Café series about using somatics in conflict resolution and in areas of war

## **Professional Standards Committee**

Chairs: Sylvain Méret and Maya Gayatri Andersson

- Reviewed and approved individual and organizational membership applications
- Ongoing discussion about what types of trainings qualify for ISMETA registration through Independent Track applications
- Helped to facilitate a Leadership Council discussion about the role of online learning in our training programs and in our profession
- Provided feedback about a letter to an Approved Training Program (ATP) Director responding to her concerns about the Scope of Practice and some of the proposed language for the ATP video library project
- Reviewed the work process of the committee: receiving application via the ISMETA office, application review, responding to applicants and process time
- Began reviewing the member application forms to enhance clarity and make it more user friendly

## **Research and Publications Committee**

Chairs: Dana Davison and Elisabeth Osgood-Campbell

- Coordinated the Professional Development Center event, Somatic Interventions on Gait and Spine Mobility in Older Adults with Diana Lara and Dr. David Anderson
- Planned a book talk by Sondra Fraleigh and Shannon Rose Riley for their edited volume, *Geographies of Us: Ecosomatic Essays and Practice Pages*
- Added *Geographies of Us* to the ISMETA Online Bookstore

## **Somatic Arts and Education Committee**

Chair: Kehinde Ishangi

- The Committee invites the Board to continue advertising and sharing the NDEO joint conference information. <https://www.ndeo.org/somatic2024>
- Confirmed Claire Porter as the keynote speaker for the upcoming conference
- Completed external review of over 100 applications for the upcoming conference