

May 8, 2024

Dear Leadership Council Representatives,

We hope that this message finds you well.

The ISMETA Operations Team is happy to share many news items and reminders in this newsletter, which is designed specifically for members of our Leadership Council. If you don't receive ISMETA's monthly e-newsletter for the general public, please sign up for it <u>HERE</u>. It is the best way to stay informed about ISMETA's upcoming events.

ANNOUNCEMENTS:

- We have updated the <u>ABOUT ISMETA</u> curriculum that every Approved Training Program covers for at least 2 hours during their training. This resource can also be found in the Leadership Council Portal on the ISMETA website in the RESOURCES section, under the "More Support Materials" banner. We hope that it is helpful as you educate your students about the benefits of ISMETA membership.
- The election of new members of the ISMETA Board of Directors is underway! The current Board of Directors has nominated four candidates to join the Board. If you haven't voted yet, please read the Slate of Candidates <u>HERE</u> and complete your ballot <u>HERE</u> by May 30. Please note that the ISMETA by-laws allow up to two members of the Board of Directors who are not registered professional members of ISMETA to serve at any one time. New members will begin their Board service on June 1.
- Our last Leadership Council meeting occurred on March 13, 2024.
 - Regardless of whether you attended the live meeting or not, please fill out
 this <u>ATTENDANCE SURVEY</u> if you didn't in March. Leadership Council members are
 required to attend all (four) of the quarterly meetings. If you are not able to attend
 live, up to two may be "attended virtually" by viewing the video recording.
 - The video of the meeting includes some distorted sound for some mysterious reason that we are trying to figure out with Zoom tech support! In the meantime, the recording can be viewed HERE.
 - The PowerPoint presentation about your survey responses regarding the role of online learning in your programs and organizations (that was presented during the meeting) appears <u>HERE</u> for your convenience.



- For those who didn't attend the March meeting live, please view the video and complete the Attendance Survey above before the next meeting on Monday, June 10 from 10 11:30 am Eastern U.S. time.
- Our joint conference with the National Dance Education Organization (NDEO) entitled, "Somatic Movement in Dance Education: Enhancing Creativity and Health for Teachers and Students," is happening July 19 -21, 2024 in New York City. Registration is open for those who want to join us!
- Member-initiated <u>Professional Development Center</u> (PDC) workshops and class series are going well! Learning pathways include: <u>Somatic Movement in Practice</u>, <u>Research and Publications</u> (which includes many free resources for ISMETA members to build their research literacy), <u>Trauma-Informed Practices for Somatic Movement Professionals</u>, and <u>Cultivating a Vibrant Work Life</u>.
 - Upcoming courses include <u>The Embodied Teen</u> with Susan Bauer on May 18 and <u>The Breathable Body</u> with Robert Litman on July 1, July 15 and July 29. Both of these offerings are based on the presenters' published books.
 - The ongoing <u>Call for Proposals</u> can be found at the bottom of the landing page for the PDC.
- The next Equity, Justice, and Accessibility Community Conversation will occur on May 10 at 10:30 am ET. All faculty, training students, and alumni of your programs are invited to attend! Feel free to join us and share this <u>registration link</u> with your communities.
- The 2023 Annual Report is available to read HERE.

REMINDERS:

- Approved Training Programs are invited to participate in the project tentatively entitled, "The Essential Elements of Somatic Movement Education and Therapy: A video library of ISMETA Approved Training Programs." (Suggestions for alternate titles are welcome.)
 - This video library will appear in the "Legacy and Evolution of Somatic Movement" pathway of the Professional Development Center.
 - These recorded introductory sessions will both publicize your training programs and help define the profession of somatic movement education in the broader context of popular but vaguely defined "embodiment" and "somatic" practices. We look forward to scheduling these video launches/live events through the PDC in the coming months.



- Please click <u>HERE</u> to read details about the project.
- If you were unable to attend the meeting about this in February, feel free to <u>view</u> the recording.
- If you are interested in participating, please fill out the <u>Essential Elements Video</u>
 <u>Project Proposal Form</u>. You can download a copy of the questions in a Word
 document by clicking on the link in the second paragraph of the description. When
 you are ready to submit a proposal, you can copy and paste the text from the Word
 document into the Google form. Please contact us if you have questions about the
 project or the proposal form at: <u>pdc@ismeta.org</u>.
- The Executive and Communication Committees are planning the **first-ever Global Somatic Movement Day for October 3, 2024.** Please mark your calendars now and stay tuned for an invitation to facilitate a short on-line or in-person session (from 10 15 minutes) to highlight your work/training program! The theme will be: Cultivating Connection through Somatic Movement.
- The next Leadership Council meeting will occur on **Monday, June 10 from 10 11:30 am Eastern U.S. time**. You can <u>REGISTER HERE</u>. We look forward to seeing you!

Thank you for the valuable contributions you make to this organization and to our profession!

With appreciation,

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director