



ISMETA
International Somatic Movement
Education & Therapy Association

BOARD OF DIRECTORS MEETING

WEDNESDAY, JUNE 19, 2024

2:30 – 4:30 PM Eastern Time

Executive Committee: Richard Sims (President), Kehinde Ishangi (Vice-President), Ray Schwartz (Treasurer), Maya Gayatri Andersson (Secretary), Ellen Barlow (Member-at-large)

Board Members: Bibiana Badenes, Ethan Emmanuel Balcos, Florian Filtzinger, Sylvain Méret, Servaas Mes, Margaret Rennerfeldt, Madelanne Rust-D'Eye, Magaly Sun

Operations Team: Dana Davidson (Communications Consultant), Danique Peynado (Membership & Operations Coordinator), Elisabeth Osgood-Campbell (Executive Director), and Nirvan Ananda (Managing Director)

Absent: Ethan Emmanuel Balcos, Sylvain Méret, Margaret Rennerfeldt

Goals:

- Welcome new Board members
- Come together as a Board to discuss the proposed budget for next fiscal year
- Continue discussing the plan for Global Somatic Movement Day

AGENDA

2:30 – 2:33 pm ~ Welcome and Opening Remarks ~ Richard Sims, Board President

2:33 – 2:35 pm ~ Consent Agenda ~ Maya Gayatri Andersson, Board Secretary

This is where we vote to accept the Committee Reports into the organizational record and the Agenda for our current meeting. The Committee Reports should have been read in advance and any questions addressed to the Committee Chair(s) prior to this meeting.

Ellen offered a correction to the committee report for the Communications Committee, to state that she no longer serves on the committee. She took a leave of absence in 2023 and did not return to the Communications Committee when returning to her committee service at the beginning of the new service term in November 2023.

Ellen Barlow made the motion to accept the consent agenda.
Second by Richard Sims.

All in favor: All
Those opposed: None
Abstained: None

2:35– 2:45 pm ~ Somatic Arrival ~ Bibiana Badenes, Board member (individual grounding and gesture of welcome to the new members)

2:45 – 3:00 pm – New and Returning Board Members Introduce Themselves ~ Kehinde Ishangi, Board Vice President

3:00 – 4:00 pm Discussion Topic: The Proposed budget for next fiscal year, 2024-2025 ~ Nirvan Ananda, Managing Director and Ray Schwartz, Board Treasurer

- Presentation and Q and A
- Financial Summary of Phase One Budget Proposal: Revenue \$225,550. Expenses of minus \$214,770. Net income \$10,850.
- All questions were addressed and concluded in the meeting. The official ballot of the Phase One Budget Proposal will be sent by June 21, 2024.

4:00 – 4:20 pm Discussion Topics: Global Somatic Movement Day, October 3, 2024 ~ Bibiana Badenes and Florian Filtzinger, Co-Chairs of the Communications Committees

The Board discussed if to change the date considering the Jewish holiday Rosh Hashanah runs from October 2 - 4 this year. A survey will go out to all Board of Directors to bring this to a vote.

4:20 – 4:30 pm Closing Announcements ~ Richard Sims, Board President

- PDC update
- Online learning update (send survey to all ISMETA members)

Next Meetings:

Leadership Council Meeting: Wednesday, September 11, 2024 from 12:00-1:30 pm ET

ISMETA Board Meeting: Tuesday, September 24, 2024 from 2:00-4:00 pm ET

Next Task:

Approval of Meeting Minutes: The meeting minutes will be sent out for your approval within a week of this meeting. **All Board Members need to read and respond with edits or acceptance within one week of receiving the draft minutes.**