



# ISMETA

International Somatic Movement  
Education & Therapy Association

## **BOARD OF DIRECTORS MEETING**

*TUESDAY, SEPTEMBER 24, 2024*

*2:00 – 4:00 PM Eastern Time*

**Executive Committee:** Richard Sims (President), Kehinde Ishangi (Vice-President), Ray Schwartz (Treasurer), Maya Gayatri Andersson (Secretary), Ellen Barlow (Member-at-large)

**Board Members:** Bibiana Badenes, Ethan Emmanuel Balcos, Florian Filtzinger, Sylvain Méret, Servaas Mes, Margaret Rennerfeldt, Madelanne Rust-D'Eye, Magaly Sun

**Operations Team:** Dana Davidson (Communications Consultant), Danique Peynado (Membership & Operations Coordinator), Elisabeth Osgood-Campbell (Executive Director), and Nirvan Ananda (Managing Director)

**Absent:** None

### **Goals**

- Connect virtually as a whole Board of Directors and Operations Team
- Engaging the board in final preparations Global Somatic Movement Day
- Prepare the FY2025 Phase 2 budget for a vote
- Prepare for the next year of board service

### **AGENDA**

**Welcome and Opening Remarks** ~ Richard Sims, Board President

**Consent Agenda** ~ Maya Gayatri Andersson, Board Secretary

Vote to accept the Committee Reports into the organizational record and approve the meeting agenda for our current meeting. The Committee Report should be read in advance and any questions addressed to the Committee Chair prior to the meeting.

- Motion to approve the consent agenda was made by Richard Sims. Motion seconded by Florian Filtzinger.
- The consent agenda was approved unanimously, with no abstentions.

**Somatic Arrival** ~ Maya Gayatri Andersson, Board Secretary

**Whole Group Mingle** ~ Kehinde Ishangi, Board Vice President

**FY Budget Topics** ~ Nirvan Ananda, Managing Director and Ray Schwartz, Board Treasurer

- Proposed Final Budget for Fiscal-Year 2025 (July 1, 2024 – June 30, 2025)
- Proposal Summary: Revenue \$224,772. Expenses of minus \$215,250. Net income \$9,522.
- Motion to approve the budget made by Madelanne Rust-D'Eye. Motion seconded by Margaret Rennerfeldt.
- The budget was approved unanimously, with no abstentions.

**Global Somatic Movement Day** ~ Bibiana Badenes and Florian Filtzinger, Co-Chairs of the Communications Committee

**2025 Board Meetings** ~ Nirvan Ananda, Managing Director and Elisabeth Osgood-Campbell, Executive Director

**Committee Global Awareness and Committee Preferences for the next year of Board Service (November 1, 2024 – October 31, 2025)** ~ Richard Sims, Board President, Nirvan Ananda, Managing Director and Elisabeth Osgood-Campbell, Executive Director

**Closing Announcements** ~ Richard Sims, Board President

### Next Meetings

**Global Somatic Movement Day:** Friday, October 4, 2024: 8 am-9 pm ET2

**Annual Membership Meeting 2024:** Saturday, October 19, 2024: 12-2 pm ET

**Board of Directors Meetings 2025:**

- Thursday, January 23: 12-2 pm ET
- Thursday, April 24: 12-2 pm ET
- Monday, July 21: 12-2 pm ET
- Thursday, September 25 - Monday, September 29: In-person meeting in Spain

**Leadership Council Meeting 2024:**

- Monday, December 9: 10-11:30 am ET

**Leadership Council Meetings 2025:**

- Wednesday, March 12: 12-1:30 pm ET
- Monday, June 9: 10-11:30 am ET
- Wednesday, September 10: 12-1:30 pm ET
- Monday, December 8: 10-11:30 am ET

### Next Task

**Approval of meeting minutes:** The meeting minutes will be sent out for your approval within a week of this meeting. **All board members need to read and respond with edits or acceptance within one week of receiving the draft minutes.**