



ISMETA

International Somatic Movement
Education & Therapy Association

February 17, 2025

Dear Leadership Council Representatives,

Hello again! We have lots of exciting information to share in this first newsletter of 2025.

First, we are delighted that registration has opened for our upcoming conference in Spain, "[Cultivating Connections: Somatic Movement with Ourselves, Others, and the Earth](#)" from September 26-28, 2025.

We enthusiastically invite all ISMETA-Approved Training Programs and Affiliated Professional Organizations to submit proposals to facilitate 75-minute sessions at the conference. The submission deadline is March 16, 2025.

[CLICK HERE FOR THE CALL FOR PROPOSALS!](#) You can download the proposal questions to work on them offline and then copy and paste your answers into this [PROPOSAL SUBMISSION FORM](#).

Second, as you know, Approved Training Program (ATP) Directors are required to complete the 2024-2025 ATP Questionnaire by March 1, 2025 to maintain their status as Approved Training Programs. Thank you to those who have already completed the questionnaire! If you haven't yet, please see the attached Word document for the questions that you will need to answer. When you have completed the Word document, the answers can be copied and pasted into [THIS FORM](#).

Third, we invite any Leadership Council representatives who were not able to attend the previous focus groups about online learning in our Approved Training Programs last month to attend the upcoming Member Focus Groups. Here are the registration links for those events:

[Tuesday, February 18, 2025 from 12 – 1 pm Eastern U.S. time](#)

[Monday, February 24, 2025 from 1:30 – 2:30 pm Eastern U.S. time](#)

If you haven't offered written feedback yet, feel free to submit responses to our latest proposal [HERE](#).

Fourth, there are two free events happening this coming week for our ISMETA community and the larger public! Jamie McHugh continues to host his "[Earth Matters: Ecosomatics in the Anthropocene](#)" podcast from 1 – 2:15 pm Eastern U.S. time on Thursday, February 20th. Also, Florian Filtzinger and Clare Maxwell will co-host a Somatic Cafe on "[Money Matters](#)" on [Friday, February 21st](#) from 12 – 1:30 pm Eastern time. This conversation will explore the complexities of setting fees and managing finances in a way that aligns with professional integrity and



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personal needs. Please invite your students and colleagues to attend both! We hope to see you there.

Fifth, ISMETA is hosting its [first-ever Movie Night](#) on Friday, February 28th to screen the second Global Roots of Somatic Movement video, which features Larry Goldfarb, Daria Halprin, and Sondra Fraleigh! Please join our watch party to experience the film and then talk with colleagues and friends in breakout rooms afterward. There are two showings to accommodate various time zones: 12 pm and 8 pm Eastern.

As a reminder, we encourage you to enter these 2025 Leadership Council dates into your calendars if you haven't already. We look forward to seeing you there! If you are not able to make a meeting, you can attend up to two meetings "virtually" by watching the recordings that will be available in the Leadership Council portal.

- Wednesday, March 12 from 12 – 1:30 pm ET
- Monday, June 9 from 10 – 11:30 am ET
- Wednesday, September 10 from 12 – 1:30 pm ET
- Monday, December 8 from 10 – 11:30 am ET

Finally, we thank those professional members who voted in our election for four returning members of the Board of Directors to serve another 3-year term: Ethan Emmanuel (E.E.) Balcos, Florian Filtzinger, Kehinde Ishangi, and Maya Gayatri Andersson. All were re-elected and will continue their volunteer service through October 31, 2027.

Thank you for your active participation in growing our profession!

In service,

The ISMETA Board of Directors and Operations Team

[ATP Questionnaire 2024-2025.docx](#)