



ISMETA

International Somatic Movement
Education & Therapy Association

February 17, 2025

Dear ISMETA Members,

Hello again! We have lots of exciting information to share about events and deadlines in the coming weeks.

First, we are delighted that registration has opened for our upcoming conference in Spain, "[Cultivating Connections: Somatic Movement with Ourselves, Others, and the Earth](#)" from September 26-28, 2025. **ISMETA Members receive a special discount on early bird prices through March 20th so register soon!**

Also, we enthusiastically invite ISMETA Members to submit proposals to facilitate 75-minute sessions at the conference. The submission deadline is March 16, 2025. [CLICK HERE FOR THE CALL FOR PROPOSALS!](#) For your convenience, a Word document with the proposal questions has also been attached to this message so that you can work on them offline, and then copy and paste your answers into this [PROPOSAL SUBMISSION FORM](#).

Second, we want your input about the "hot topic" of online learning in our Approved Training Programs! We invite you to register for one of these two options to provide verbal input:

[Tuesday, February 18, 2025 from 12 – 1 pm Eastern U.S. time](#)

[Monday, February 24, 2025 from 1:30 – 2:30 pm Eastern U.S. time](#)

If you haven't offered written feedback yet, feel free to submit responses to our latest proposal in this [short Google form](#).

Third, there are two free events happening this coming week for our ISMETA community and the general public! Jamie McHugh continues to host his "[Earth Matters: Ecosomatics in the Anthropocene](#)" podcast from 1 – 2:15 pm Eastern U.S. time on Thursday, February 20th. Also, Florian Filtzinger and Clare Maxwell will co-host a Somatic Cafe on "[Money Matters](#)" on [Friday, February 21st](#) from 12 – 1:30 pm Eastern time. This conversation will explore the complexities of setting fees and managing finances in a way that aligns with professional integrity and personal needs. Please join us and invite your friends and colleagues to attend both! We hope to see you there.

Fourth, ISMETA is hosting its [first-ever Movie Night](#) on Friday, February 28th to screen the second Global Roots of Somatic Movement video, which features Larry Goldfarb, Daria Halprin,



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and Sondra Fraleigh! Please join our watch party to experience the film and then talk with colleagues and friends in breakout rooms afterward. There are two showings to accommodate various time zones: 12 pm and 8 pm Eastern. As a special gift for joining our watch party, participants will receive a coupon code for a \$9 discount on the [3-video Global Roots package](#).

- Video 1 features Bonnie Bainbridge Cohen, Eleanor Criswell, and Paul Linden.
- Video 2 features Larry Goldfarb, Daria Halprin, and Sondra Fraleigh.
- Video 3 features Patricia Bardi, Alice Cummins, and Mariko Tanabe.

Finally, we thank those professional members who voted in our election for four returning members of the Board of Directors to serve another 3-year term: Ethan Emmanuel (E.E.) Balcos, Florian Filtzinger, Kehinde Ishangi, and Maya Gayatri Andersson. All were re-elected and will continue their volunteer service through October 31, 2027.

Thank you for your active participation in growing our profession!

In service,

The ISMETA Board of Directors and Operations Team

[Call-for-Proposals_2025-Spain-conference-1.pdf](#)