



September 26 - 28, 2025 | [Hotel Albades](#) | Benicàssim, Spain

CALL FOR PROPOSALS

Submissions due on March 16, 2025

How to Submit: Download this document and answer the “Preparing Your Proposal” prompts offline.

Then, copy and paste your responses into [THIS ONLINE SUBMISSION FORM](#).

Invitation:

In an increasingly fragmented world, Somatic Movement practices offer opportunities for connection. This in-person conference will provide a forum to explore practical strategies for building skillful relationships with ourselves, others, and the natural world. We invite you to submit a proposal to facilitate a session at our gathering in the beautiful coastal town of [Benicàssim](#), Spain. Experiential somatic movement sessions, panel discussions, current research presentations, and curriculum design workshops directly related to the theme of “Cultivating Connections” are welcome!

Session Characteristics:

- All sessions will be 75 minutes in length.
- All sessions will take place in meeting rooms with ample space to move. The largest room can accommodate 100 people.
- All session spaces will have speakers for amplified audio. Presenters are responsible for supplying the audio source (phone or computer) to be connected to the speakers. If you need access to projection during your session, please request it in your session proposal.

- If you have any questions regarding space set up and AV, please contact conferences@ismeta.org. If your questions impact your proposal submission, please contact us as early as possible; if they do not impact submission, please wait until after you have been accepted to discuss individual needs.
- We cannot honor requests to schedule a presentation on a specific day. Presenters are asked to attend the entire conference, September 26 - 28, 2025. Virtual presentation is not an option for this conference.

Proposal Guidelines:

- You may only submit one session as the main contact presenter. You may be a co-presenter on one other session submission. For sessions with more than one presenter, the group will select a “main contact” to submit their proposal via this form. Conference staff will communicate with the main contact regarding session acceptance and programming.
- The proposal abstract must address the conference theme (above) and support ISMETA’s [Scope of Practice and Code of Ethics for Somatic Movement Education and Therapy](#).
- Anyone is welcome to submit a proposal. If accepted, all presenters need to be or become an ISMETA member and register for the entire conference. If you are not already a Friend, Student, or Professional Member of ISMETA, please find information about becoming a member [here](#).
- Please see **Presenter Guidelines & Timeline** later in this document.

Proposals will be evaluated based on questions such as:

1. Does the proposal name and effectively demonstrate one or more specific approaches to somatic movement?
2. Do the proposed activities enhance a sense of connection to ourselves through awareness of physical, emotional, mental, and/or possibly spiritual aspects of the human experience in movement?
3. Does the proposal describe movement activities that facilitate connectedness with other people in collective creativity, for example?
4. Does the proposal offer movement activities that facilitate connection with the natural world?

Preparing Your Proposal: When your responses to the prompts below are complete, please copy and paste them into the [ONLINE SUBMISSION FORM](#).

- **Session title** (65-character limit)
- **Session summary** - Please provide a one-paragraph summary of the session, including the somatic movement approach(es) you will integrate into the session and the ways in which you will address the conference theme of cultivating connection with ourselves, others, and/or the natural world. This text will clearly communicate the content and experience of

your session to both proposal reviewers and conference attendees. If selected, this description will be used in conference materials to entice attendees to come to your session. (*Maximum length = 1000 characters including spaces*)

- **Session abstract** - Please provide a more in-depth description here. This text serves as a deeper explanation of what you will explore in your session, should connect with the conference theme, and align with ISMETA's [Scope of Practice](#). (*Maximum length = 350 words*)
- **Bios for each presenter** (*200-word limit each*)
- **AV Needs** - Please indicate whether or not you need speakers to play music and/or LCD projection.
- **Optional bibliography** - Feel free to provide a list of sources (e.g., books, articles, websites) you used to prepare your proposal.

Presenter Guidelines & Timeline: *All dates below are subject to change; any changes will be communicated clearly with presenters.*

- January 25, 2025: Call for Proposals opens
- March 16, 2025: Proposal submission deadline
- April 25, 2025: Proposal reviews are complete, and notifications are sent
- May 30, 2025: Presenter commitments are due, along with active ISMETA membership and discounted presenter conference registration fees
- All accepted presenters will receive the Super Early Bird Registration Discount fee of \$285. ISMETA is not able to cover the cost of accommodations for presenters, but this code will provide a discount for a double occupancy room: ISMETA2025

Organizational Mission

The International Somatic Movement Education and Therapy Association (ISMETA) is a collaborative of individuals and organizations dedicated to growing the profession of Somatic Movement Education and Therapy. We ensure that training programs uphold high standards of education and practice and maintain a professional registry of qualified practitioners. We are committed to building the professional community of Somatic Movement Educators and Therapists worldwide and advocating for the profession in legal and governmental arenas.

Thank you for your interest in sharing your work at our conference. We look forward to reviewing your proposal!