

Hello to all ISMETA Board Members and Candidates,

Thank you to all who were able to be with us for our September 20, 2021 Board Meeting. As a follow-up to our meeting here is:

- [Video of Full Board Meeting \(Click Here\)](#)
- Directions for Access to the Board Strategic Visioning Portal.
- 2021-2022 Committee Service Selection.
- A reminder to nominate a Board Member or yourself to serve on the Strategic Visioning Working Group. Please send names to Elisa.

We are so very fortunate to be embarking on this time of visioning together. We are very grateful for Sarah Halley and Nirvan Ananda who are holding and guiding us in this 2021-2022 Visioning Process. We are grateful to the larger somatic movement community who will be joining us in this process. And we are particularly Thankful for Each of You!

We encourage you to invite people you know to join us in the process. Our FB Post is on the [ISMETA FB Page](#) and you could also share the following link to a short overview video of the Strategic Visioning Process with your friends and colleagues if that seems a better option: Link: <https://vimeo.com/617025467/d485e24e09>

We have created a [Strategic Visioning Portal](#) . You can access it through the [Board Portal](#) on the right side where committees are listed and linked. Board Candidates were given their ISMETA Email Addresses for Portal access by Carly on Monday September 27th, with instructions on using it to access the Board Portal. You may access the Board Portal directly at <https://ismeta.org/board-of-directors-portal> or from the ISMETA website <https://ismeta.org/> where you select Members in the top Menu Bar then Board of Directors Portal in the dropdown.

As our visioning process unfolds, we will be directing action items to committees, and our action and working groups, to focus on. Your committee service is at the heart of your board service. Where does your Deepest Gladness meet ISMETA's Greatest Needs?

Each year we reflect on our Board Service and have the opportunity to shuffle committees on November 1. The Board also elects our Board Officers at this time.

Here is a [Primer on ISMETA Committees](#). Please review, join a meeting or two to get the feel of that committee's work, and decide where you would like to serve for the 2021-2022 Board Term. Note: 2021-2022 Regular Monthly Meeting Times for Committees are decided based on the full committee's availability.

Once you decide where you would like to serve [PLEASE COMPLETE THIS FORM](#) . If you are interested in becoming part of the Executive Committee, or the Strategic Visioning Working Group, please contact Elisa.

We look forward to an amazing year with each of you,

With respect and gratitude,
Maria Luisa, Jane, and Elisa