

Dear ISMETA Members,

We hope this letter finds you well. We want to keep you updated on some important efforts the Board has been involved in:

- On Friday June 5 we posted a Statement about Racist, Body-Based Violence and Oppression on the [ISMETA FB Page](#), [FB Group](#) and [Website](#). Please take a look and share as you deem appropriate.
- The [June 1 Newsletter](#) included a message from the [ISMETA Government Relations and Regulation Committee](#) regarding the COVID-19 situation and returning to work.
- June's Somatic Café's are focused on "How to keep my Business Afloat: Best Practices for Working Online"
 - [Register for June 9 ~ 10:00 EDT](#)
 - [Register for June 23 ~ 1:00 EDT](#)

In gratitude for all you do,
The ISMETA Board of Directors