



ISMETA

International Somatic Movement
Education & Therapy Association

March 15, 2025

Dear ISMETA Leadership Council Representatives,

Thank you to those who attended our meeting on March 12, 2025! As usual, it was great to see most of our Approved Training Program and Affiliated Professional Organizations represented in the gathering. We covered a number of important topics, which are recorded in [THIS VIDEO](#). (The last three minutes after the breakout room discussions were not recorded. We simply said, “Thank you,” “Please see the Leadership Council schedule below,” “Hope to see you in Spain!” and “Goodbye for now!”)

The Leadership Council meeting began with a greeting from ISMETA Board Vice President, Kehinde Ishangi, and a reminder from our Managing Director, Nirvan Ananda, about recording your attendance in the Google form for each meeting. When you attend a meeting live, we provide the link in the chat so that you can confirm your attendance. If you did not attend this live meeting, please watch the video recording and then fill out [this attendance form](#). Please remember that to continue strengthening our communication channels and our capacity to collaborate to grow our profession, we require attendance at all four Leadership Council meetings. As a reminder, a maximum of two meetings can be attended “virtually” by watching the videos and then filling out the attendance form. Thank you for starting 2025 with strong accountability to and participation in our professional organization!

Next, Hana Kamea Kimble, Director of the recently approved training program, “The Movement Arc,” offered a grounding and enlivening Somatic Arrival. Thank you, Hana! Then, ISMETA Board member Maya Gayatri Andersson and ISMETA’s Executive Director, Elisabeth Osgood-Campbell, presented the Professional Standards Committee updated proposal for Guidelines for Online Learning in ISMETA-Approved Training Programs. The PowerPoint Presentation can be seen [HERE](#) and is attached as a PDF for your convenience. Your input is crucial throughout this long-term process. If you haven’t yet, please provide your written feedback about this proposal in [THIS FORM](#). A next step in this process will be to compile resources about how to support high-quality online teaching and learning from ISMETA Approved Training Programs and Affiliated Professional Organizations. Please stay tuned for that Google form in May!

Elisabeth Osgood-Campbell also shared an [updated draft of the Case Study Template](#) that the Research and Publications Committee has continued to work on. The next step will be to create sample consent and assent forms for training program to share with any students who wish to share their case studies outside of the context of their training. Stay tuned for further updates in June. Elisabeth also reminded everyone that free videos on “[Research Basics for Somatic Movement Professionals](#),” including a webinar on case studies, are available to all ISMETA members. The Research and Publications “pathway” in the Professional Development Center can be found through the “LEARN” tab at the top center of the home page on our website, and scrolling down through the other learning pathways.

The last part of the meeting was dedicated to discussing our upcoming in-person conference in Benicàssim, Spain entitled, “[Cultivating Connections: Somatic Movement with Self, Others, and the World](#),” from September 26 – 28, 2025. We are excited about this first-ever ISMETA conference in



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Europe! Please join us for this in-person gathering! ISMETA Board President, Richard Sims, and ISMETA Managing Director, Nirvan Ananda encouraged all Leadership Council representatives to submit proposals to facilitate sessions there. The deadline for the [Call for Proposals](#) is this Sunday, March 16th! Also, the Super Early Bird Discount Registration Fee for ISMETA Members is valid through this Thursday, March 20th. Please share the attached postcard with our email and social media networks today! Nirvan Ananda invited ideas about what sort of activities people would like to see at the conference, how to best share the conference publicity with their students and colleagues, and how to reach non-ISMETA members as well. Small group discussions were started in breakout rooms and can continue through the Google slides that were provided. Please share your ideas [HERE!](#)

INVITATION

- Please join us on Friday, March 28, 2025 at [12 pm](#) or [8 pm](#) Eastern U.S. time for the [ISMETA Movie Night watch parties](#). Together, we will view the third video in the Global Roots of Somatic Movement video series featuring Patricia Bardi, Alice Cummins, and Mariko Tanabe, and then chat in breakout rooms with colleagues and friends! Anyone who pays the \$9 ticket price will receive a coupon towards the purchase of the 3-video [Global Roots of Somatic Movement Video Series](#).

REMINDER

Please mark your calendars with the remaining Leadership Council meeting dates for 2025:

- Monday, June 9 from 10 – 11:30 am ET
- Wednesday, September 10 from 12 – 1:30 pm ET
- Monday, December 8 from 10 – 11:30 am ET

Thank you for your valuable work and your important participation in our dynamic organization!

In service,
The Leadership Council Meeting Workgroup of ISMETA's Executive Committee

[ConferencePostcardNewAgain.jpg](#)

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[ISMETA LC Online Learning Pres March 12 2025.pdf](#)