

March 11, 2025

Dear Leadership Council Representatives,

Please join us tomorrow, March 12, 2025 from 12 – 1:30 pm Eastern Standard Time for our Leadership Council Meeting. **PLEASE NOTE THAT THE U.S. CHANGED to Daylight Savings now**, so the time difference between Eastern U.S. time (New York) and Central Europe (Berlin) is 5 hours rather than 6 (until the clocks change in Central Europe). Please check your local time [HERE](#).

Please also [RSVP HERE](#) if you are able to join us and haven't let us know yet. The Zoom link will be sent once you RSVP and it can also be found in the [Leadership Council portal](#). Please note: to register for the meeting, you need to be logged into the ISMETA website with your *organizational email address*, not the email address you use for your personal ISMETA account. If you are not able to attend the meeting on March 12, there is no need to RSVP. In that case, you will watch the video recording of the meeting once it is available. This option of asynchronous attendance is available for a maximum of two meetings per year.

The agenda for the Leadership Council meeting is attached to this email for your convenience and can also be found in the [Leadership Council portal](#). We will provide updates about two long-term projects that we are moving towards completion - proposed Online Learning Guidelines for our Approved Training Programs, and an updated Draft Case Report Template for Approved Training Programs to use if they want to.

As you know, we are also launching an exciting in-person gathering in Benicàssim, Spain from September 26 – 28, 2025: "[Cultivating Connections: Somatic Movement with Ourselves, Others, and the Earth](#)". We will discuss the Call for Proposals (with a deadline of March 16) and the Super Early Bird Discount Registration Fee for ISMETA members, valid through March 20.

Please share the attached postcard with your students, graduates, and colleagues through your email and social media networks, and let them know that the deadlines for the Call for Proposals and the Super Early Bird Discount Registration Fee for ISMETA members are only a few days away!

We enthusiastically invite all ISMETA-Approved Training Programs and Affiliated Professional Organizations to submit proposals to facilitate 75-minute sessions at the conference. The submission deadline is March 16, 2025. Click [HERE](#) for the Call for Proposals! You can download the proposal questions to work on them offline and then copy and paste your answers into this [Proposal Submission Form](#).



ISMETA

International Somatic Movement
Education & Therapy Association

Finally, we encourage you to enter these 2025 Leadership Council dates into your calendars if you haven't already. We look forward to seeing you there! If you are not able to make a meeting, you can attend up to two meetings "virtually" by watching the recordings that will be available in the Leadership Council portal.

- Wednesday, March 12 from 12 – 1:30 pm ET
- Monday, June 9 from 10 – 11:30 am ET
- Wednesday, September 10 from 12 – 1:30 pm ET
- Monday, December 8 from 10 – 11:30 am ET

We look forward to seeing you tomorrow!

In service,

The ISMETA Leadership Council Workgroup

Richard Sims, Board President

Kehinde Ishangi, Board Vice President

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director

[ConferencePostcardNewAgain.jpg](#)

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[LC-agenda-for-MARCH-12-2025 \(1\).pdf](#)