

September 17, 2025

Dear Leadership Council Representatives,

Thank you to those who attended the September 10, 2025 meeting from 12:00 – 1:30 pm Eastern time. It was great to see such robust attendance from our Approved Training Programs (ATPs), Affiliated Professional Organizations (APOs), and current Board of Directors members! ISMETA continues to grow our profession through exciting projects. Read on for a summary of the meeting and many invitations to join us in upcoming community-building events!

VIDEO AND ATTENDANCE

Please remember that attendance at all of the Leadership Council meetings is required to maintain your status as an Approved Training Program or Affiliated Professional Organization. The option of asynchronous attendance, by viewing the meeting recording, is available for a maximum of two meetings per year. To continue to build effective communication systems between the ISMETA Board and Operations Team and the Leadership Council organizations, we track attendance at all of our meetings. Those who did not attend the meeting on September 10th are required to watch the video recording. After you view the recording, please submit the Google Attendance Form.

[September 10, 2025 Video Recording](#)

[September 10, 2025 Attendance Form](#)

PLEASE NOTE: The recording will only be available through December 7th, the day before our next Leadership Council Meeting.

MEETING SUMMARY

Kehinde Ishangi, our Board Vice President, welcomed everyone to the call.

After a beautiful, breath-based “Somatic Arrival” by Frank Hediger of Tamalpa Germany, we shifted to the theme of maintaining effective communication loops through our organism. Nirvan Ananda, our Managing Director, shared [this document](#) to illustrate the stages of evolution of successful professional associations. (ISMETA is working diligently on stages 5-7.) Breakout room discussions about what activities might deepen partnership within the Leadership Council and across our professional community followed. Inspiring ideas from the small group conversations, including a “training program buddy system” and “coffee/tea chats” were then shared in the main gallery.

Next, Executive Director, Elisabeth Osgood-Campbell, reminded the group that ISMETA now requires all Approved Training Programs (ATPs) to list the percentages of in person, online live, and online

prerecorded training hours on their websites, in the descriptions of their curricula. ISMETA also asks all ATPs to please send an email with a screenshot of their website page with this information to: info@ismeta.org as soon as possible. Thank you to those programs who have already done so!

The Professional Standards Committee is in the process of collecting feedback from ATPs in **this GOOGLE FORM** about high-quality online teaching and learning. About 1/5 of the ATPs responded to our request to offer your expertise. Thank you to those who did! Elisabeth Osgood-Campbell shared [a brief PowerPoint presentation](#) highlighting some of the input we've already collected. If you haven't offered input, please do by October 1st!

Next, Nirvan Ananda mentioned that a few additional spaces have opened up for our in-person conference, "[Cultivating Connections: Somatic Movement with Ourselves, Others, and the Earth](#)" from September 26 – 28, 2025 in Spain. If you know any colleagues or students who would like to join us on short notice, **please share this DISCOUNT COUPON CODE with them: SAVE60**. And please share the 25 Instagram interview posts that Florian Filtzinger has done through the ISMETA account to promote the conference presenters! We look forward to seeing many Leadership Council representatives there!

Elisabeth Osgood-Campbell briefly mentioned ISMETA's 2nd Global Somatic Movement Day, which will take place on Saturday, October 4th with an Opening at 12 pm Eastern U.S. time and a Closing at 7 pm Eastern time. A new [YouTube playlist](#) of free mini-session facilitated by ISMETA members will be launched that day. Please [REGISTER HERE](#) if you can join us for either session.

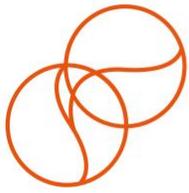
Finally, the ISMETA Annual Membership Meeting, which will take place on Saturday, October 25 from 12:00 – 1:30 pm Eastern time, was announced. Please [REGISTER HERE](#) and join us! We also invited people to coordinate local, in-person gatherings from 11:00 – 11:45 am Eastern time that day, so that ISMETA members (or training groups) can have some social time and then log into the Annual Meeting Zoom call together from the same space! If you would like to organize an in-person gathering in your area, please fill out [this simple Google form](#) and we will support your effort.

Following the Annual Membership Meeting on October 25, ISMETA will also host a Celebration of Life for Glenna Batson from 1:45 pm – 3:00 pm Eastern time. There will be some prepared remarks from some of her colleagues, an opportunity for public comments, and time for small group conversations in breakout rooms. Feel free to [REGISTER HERE](#) for that event as well.

The meeting ended with Announcements and Goodbyes.

IMPORTANT DATES!

Please enter these important dates for upcoming online events in your calendars.



ISMETA

International Somatic Movement
Education & Therapy Association

Global Somatic Movement Day 2025

Saturday, October 4, 2025 with an Opening at 12 pm ET and a Closing at 7 pm ET

Annual ISMETA Membership 2025 Meeting

Saturday, October 25, 2025 from 12 – 1:30 pm ET

Informal in-person gatherings may take place from 11:00 – 11:45 am ET in your area. More information will be shared in October.

A Celebration of Life for Glenna Batson will follow the Annual Meeting from 1:45 pm – 3:00 pm ET

Remaining LC Meeting date for 2025

Monday, December 8 from 10 am – 11:30 am ET

LC Meeting dates for 2026

Wednesday, March 11 from 12:00-1:30 pm ET

Monday, June 8 from 10:00 – 11:30 am ET

Wednesday, September 9 from 12:00 – 1:30 pm ET

Monday, December 14 from 10:00 – 11:30 am ET

Thank you!

In service,

The ISMETA Leadership Council Workgroup

Richard Sims, Board President

Kehinde Ishangi, Board Vice President

Margaret Rennerfeldt, Board Secretary

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director