



ISMETA Professional Development Center 2026 Call for Proposals for ISMETA Members

Dear ISMETA Member,

Would you like to **earn income while sharing your somatic movement work** with the ISMETA community and the general public online? If so, we invite you to **submit a proposal** to facilitate a workshop or course on our learning platform - the **Professional Development Center (PDC) - in 2026!**

We will host an average of one class series or workshop each month, and we already have a few proposals for the next calendar year. Please read on for more information, and submit your proposal through [THIS GOOGLE FORM](#). For your convenience, the Google form questions appear in the **Appendix** at the end of this letter so that you can write out your responses before you fill out the Google form.

Here are some elements to consider when creating a proposal to teach an online course through the ISMETA Professional Development Center:

- How does this event align with **ISMETA's Scope of Practice and/or Core Competencies** found [HERE](#)?
- How will this event **support the professional growth** of your colleagues in the Somatic Movement field and/or affiliated fields?
- Most people choose to teach in a “**live**” rather than a “**pre-recorded**” format. If you choose “live” as your preferred format, do you want the session to be recorded and available for purchase on the PDC after the live event is completed?
- Do you want to offer a **single session** (usually at least 1.5 hours long) or a **series** (weekly, monthly or other)?
- Where will you be **located** when you facilitate this session?

The profit-sharing plan for events offered through the PDC in 2026 is as follows:

- **Live events:** 50/50 split of the net profit after covering the set-up and production costs. Currently, ISMETA charges a **\$250 set-up fee** to cover the costs of hosting the event on our online platform, advertising the event to our **mailing list of over 3,000 people**, registering participants, and providing tech support leading up to and during the event.
- **Pre-recorded** videos or other materials produced entirely by the presenter: 50/50 split of the net profit after covering the costs of setting up the event.
- **Live events that are recorded** and then produced to be made available as a pre-recorded video on the PDC: 50/50 split of the net profit after covering the set-up and production costs.

Please see the Google form questions below. When your responses to the application questions are complete (in a separate Word document, for example), we invite you to **submit proposals through [THIS GOOGLE FORM](#)**. The **PDC Workgroup** aims to reply to your submission in **2-3 weeks**. If you have any questions, please contact the PDC Workgroup: fdc@ismeta.org.

We look forward to receiving your proposals!

Together, we are **growing the profession of somatic movement!**

In Service,
**The ISMETA PDC Workgroup
and the Executive Committee**

APPENDIX: 2026 GOOGLE FORM PROPOSAL QUESTIONS

PRESENTER INFORMATION

How many presenters will there be? (1 – 4)

Name, email, phone number, mailing address (including country), ISMETA membership (ASMP, RSME, RSMT, MSME, MSMT, Student Member, Friend of ISMETA)

EVENT INFORMATION

Title of Event (maximum length = 75 characters including spaces):

Time zone in which the event will occur:

Event type: (live, live and recorded with video available for purchase afterward, or pre-recorded with no live interaction)

Event format: (workshop – single session with number of hours or course – multiple sessions, with total number of sessions, frequency of sessions (weekly, bi-weekly or monthly), and number of hours in each session)

Select the **Learning Pathway** that your event will be housed in:

- Somatic Movement in Practice (Most events are housed in this general category, but if your topic is more specific, it may fit best in one of the other pathways below.)
- Research and Publications
- Trauma-informed Practices for Somatic Movement Professionals
- Cultivating a Vibrant Work Life

Please provide a **one-paragraph description** of the event, including the somatic movement approaches you will integrate into your event. (Maximum length = 1500 characters including spaces)

How will your event support the professional development of colleagues within the field of somatic movement as well as in complementary fields? (Maximum length = 1500 characters including spaces)

Please include **3 learning goals** for your event below, i.e., what will participants gain from this course or workshop?

Learning goal 1:

Learning goal 2:

Learning goal 3:

Please provide a **lesson plan** for a single session – and an outline for a longer series – for your professional development event below. (Maximum length = 1500 characters including spaces)

Cost of the Event: Up until now, we have offered discounted rates for ISMETA members and regular rates for non-ISMETA members. Participants have responded well to the pricing structure of \$25/hour of teaching time for ISMETA members (e.g., \$75 for a 3-hour workshop) and \$35/hour for non-ISMETA members (e.g., \$105 for a 3-hour workshop). However, presenters can propose different prices if they so choose. The final prices will be set through a dialogue between the presenter(s) and ISMETA. With this information in mind, what prices for ISMETA members and non-members do you propose for this event?

Target Number of Participants: What are the minimum, maximum, and ideal numbers of participants in your event?

Scheduling Dates: When would you like to schedule your event? (Please include 3 possible dates that are *more than 10 weeks after your submission date* to allow for ample review and publicity time.)

Please note: a 30-60 minute tech meeting will be required two weeks in advance of the event launch date.

If you have questions about the proposal form, please contact us at: pd@ismeta.org

When your application is complete, please copy and paste your responses to each question into [THIS GOOGLE FORM](#).

Thank you for your interest in presenting an event through ISMETA's Professional Development Center! We look forward to reading your proposal!