

October 12, 2025

Dear Leadership Council Representatives,

We hope this message finds you and your communities well. Below we share some updates about recent events and upcoming community-building activities! Please help us spread the word about these opportunities to continue growing our profession!

Our first priority is to ensure that you know about the two Open Houses happening this Wednesday, October 15th at [12 pm Eastern U.S. time](#) and [7 pm Eastern U.S. time](#). PLEASE [SHARE THIS POSTCARD TODAY](#) with your students and graduates so that they can join us to learn more about ISMETA membership!

Our second priority is to invite you to attend our Annual Membership Meeting on Saturday, October 25, 2025 from 12 – 1:30 pm Eastern U.S. time. If you haven't registered yet, [please do so HERE](#). There are some informal, in-person gatherings happening before the virtual meeting begins. If one is offered in your area, you will receive an email invitation from info@ismeta.org.

Please also note that a [Celebration of Life for Glenna Batson](#) will occur after the Annual Membership meeting, from 1:45 – 3:00 pm Eastern U.S. time. Feel free to join us to celebrate [Glenna's life and work](#).

We also look forward to seeing you at the final 2025 Leadership Council meeting on Monday, December 8th, from 10 am – 11:30 am ET. If you can join us, please [REGISTER HERE](#).

On a related note, please remember that the ISMETA Professional Standards Committee is in the process of collecting feedback from ATPs in [this GOOGLE FORM](#) about high-quality online teaching and learning. Thank you to those who responded to our request! Only 9 representatives submitted information, *so we have extended the deadline until Friday, October 31st*. Please share your important input today!

In addition to informing you about upcoming activities, we are happy to share updates about our recent community-building events. The "Cultivating Connections: Somatic Movement with Ourselves, Others, and the Earth" conference in beautiful Benicàssim, Spain was a success! Thank you to those of you who attended and shared your work. Whether you were there in person or not, we hope that you enjoy [this photo montage](#), as well as [Bibiana Badenes' short video](#) reflecting on the meaning of our time together.



ISMETA

International Somatic Movement
Education & Therapy Association

Also, on October 4th, our second annual Global Somatic Movement Day, we launched a [new YouTube playlist of 20 free mini-sessions](#) by ISMETA members. If you haven't joined the 1,590 subscribed, or seen the new playlist, please visit our YouTube channel soon!

Thank you for your active participation in our organization. To plan ahead, please enter these 2026 Leadership Council Meeting dates in your calendars now:

Wednesday, March 11 from 12:00-1:30 pm ET

Monday, June 8 from 10:00 – 11:30 am ET

Wednesday, September 9 from 12:00 – 1:30 pm ET

Monday, December 14 from 10:00 – 11:30 am ET

We look forward to continuing to grow the profession of somatic movement education and therapy with you!

In service,

The ISMETA Leadership Council Workgroup

Richard Sims, Board President

Kehinde Ishangi, Board Vice President

Margaret Rennerfeldt, Board Secretary

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director