Approved Training Program Application

Approved Training Program Application

Step 1 of 12

Approved Training Program Application

Thank you for applying to become an ISMETA Approved Training Program.

To complete this application, you will need:

- A complete curriculum that complies with the Pillars of the Profession: Scope of Practice, Standards of Practice, Core Competencies, and Code of Ethics

- A detailed description of program syllabi, including course outlines, content, and module descriptions.

- A sample lesson plan for a 1–3 hour session in your curriculum.

- To arrange payment of the $250 nonrefundable one-time application fee through info@ismeta.org.

- The names and résumés of faculty and core staff. Program Directors must hold a current ISMETA credential as a Registered Somatic Movement Educator (RSME), Registered Somatic Movement Therapist (RSMT), Master Somatic Movement Educator (MSME), or Master Somatic Movement Therapist (MSMT). Faculty and core staff must hold professional credentials as Registered Somatic Movement Educators, Registered Somatic Movement Therapists, and/or Registered Somatic Dance Educators (in any combination). All required credentials must be obtained prior to application.

Your application will be reviewed by the Professional Standards Committee. Please note that this review process typically takes two to three months. If additional information or documentation is required during this time, you will be contacted directly.

If your application is approved, your prorated annual fee will be collected at that time.

If your program contains components of online learning, please see the new Online Learning Guidelines.

Program	Membership Fee
Individual 250- **or** 500-hour Approved Training Program	$250/year
Dual Registered 250- **and** 500-hour Approved Training Program	$400/year

Please note: For current ISMETA Approved Training Programs seeking to add an additional program, please contact info@ismeta.org before submitting this form.

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ISMETA

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Program Name

Contact Name/Person Completing This Application

Address

Phone

Website

Email

Program is:

☐ 250 hour

☐ 500 hour

☐ 250 hour and 500 hour Dual Registered Program

Please provide a brief overview of the training program to be considered for ISMETA approval. Identify lineage or focus of program.

Please provide the name, credentials, and résumé of the Program Director and each core faculty member. The Program Director must hold, at least, a Registered Somatic Movement Educator and/or Registered Somatic Movement Therapist credential. Faculty and core staff must hold professional credentials as Registered Somatic Movement Educators, Registered Somatic Movement Therapists, and/or Registered Somatic Dance Educators (in any combination). All required credentials must be obtained prior to application.

Name	File	Credential
	Choose File No file chosen Max. file size: 525 MB.	☐ RSME ☐ RSMT ☐ RSDE ☐ MSME ☐ MSMT

Name

File

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Max. file size: 525 MB.

Credential

- [ ] RSME
- [ ] RSMT
- [ ] RSDE
- [ ] MSME
- [ ] MSMT

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Credential

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- [ ] RSDE
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- [ ] MSMT

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- [ ] RSDE
- [ ] MSME
- [ ] MSMT

Name

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- [ ] RSMT
- [ ] RSDE
- [ ] MSME
- [ ] MSMT

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- [ ] RSMT
- [ ] RSDE
- [ ] MSME
- [ ] MSMT

Name

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Credential

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- [ ] RSMT
- [ ] RSDE
- [ ] MSME
- [ ] MSMT

Name

File

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Max. file size: 525 MB.

Credential

- [ ] RSME
- [ ] RSMT
- [ ] RSDE
- [ ] MSME
- [ ] MSMT

If additional fields are needed, please contact our office at info@ismeta.org to request them.

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Curricular Requirements

Training programs should provide a minimum of 250 or 500 class hours of formal instruction in somatic movement education and therapy, in either a classroom or tutorial format. The instruction must be geared towards professional training rather than personal development. Please provide details of your training program's structural format.

The curriculum must provide students with instruction in a balanced combination of hands-on work (where applicable), movement, and verbal facilitation. Please describe.

The curriculum should be taught in such a way that students actively experience the subject through kinesthetic or embodied movement applications, rather than through purely academic or cognitive analysis. Please describe how your program is designed to meet this requirement.

The program must provide an ethically appropriate approach to the intentional use of touch and hands-on re-patterning (where applicable). Hands-on re-patterning is defined as employing guidance with one's hands to teach the client active movement patterns that they will be able to continue to utilize independently. Instruction must include discussion of the benefits and essential boundaries related to touch. Please describe how your program addresses the appropriate use of touch.

The curriculum must address key components of developing a professional practice including business skills and case management. Describe how your program accomplishes this.

The curriculum must address key components of developing a professional practice including business skills and case management. Describe how your program accomplishes this.

The curriculum must include a minimum of two hours of instruction on the ISMETA Pillars of the Profession: Scope and Standards of Practice, Core Competencies, and Code of Ethics. Describe how your program accomplishes this.

Faculty must understand and apply the goals and objectives of the curricula. Program Directors are responsible for ensuring that Faculty implements the curricula. Describe how your program attends to this.

The program must have policies and procedures in place to support the psychophysical integration of material being learned. Describe how your program accomplishes this.

GUIDELINES FOR ONLINE LEARNING

ISMETA created guidelines with extensive input from our members and Leadership Council for three categories of ISMETA-Approved Training Programs:

For 250-hour and 500-hour programs

- **In-person Training**: 81% - 100% of the training hours live, "in-person" and 0% - 19% of the training hours online

- **Mixed Format Training:** 20% - 80% of the training hours live, "in-person" and 20% - 80% of the training hours online

For 250-hour programs only

- **Online Training:** 0% - 19% of the training hours live, "in-person" and 81-100% of training hours online

Please list the percentages of in-person and online training hours in your program.

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Program Overview

Please provide your program purpose / Mission Statement.

0 of 1800 max characters

In which of the following fields does your program train students to implement in Somatic Movement?

☐ Education

☐ Arts

☐ Health

☐ Research

☐ Other

If "Other', please specify:

What is the target student population for your program?

☐ Professionals

☐ Beginners

☐ Researchers

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Approved Training Program Application

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Curriculum Hours and Structure

How many total contact teaching hours are in this program?

[⇕]

Note: Up to 5% of the total training hours can be fulfilled by homework assignments or home practice, as long as the material is related directly to interactive teaching sessions.

If you are applying to become an approved 250-hour program, is this curriculum part of a larger 500-hour program that you direct?

☐ Yes
☐ No

Please select all relevant modules/units included in your training program:

☐ Part A - Overview/Foundations/Core Concepts
☐ Part B - Skill Development
☐ Part C - Applications
☐ Part D - Internship/Practicum & Assessment
☐ Part E - Other

How many modules are in this program?

[⇕]

Please enter a number from **1** to **15**.

Please describe each module below.

Module 1 – Title

[   ]

Module 1 – Teaching methods

☐ Movement
☐ Sensory Awareness
☐ Hands-on touch
☐ Discussion
☐ Assessment
☐ Theoretical Framework
☐ Other

Module 1 Program Parts

☐ Part A - Overview/Foundations/Core Concepts
☐ Part B - Skill Development
☐ Part C - Applications
☐ Part D - Internship/Practicum & Assessment
☐ Part E - Other

Module 1 – Key themes & principles

[   ]

Module 1 – Learning Outcomes

[   ]

Module 1 - Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[   ]

Module 2 – Title

[   ]

Module 2 – Teaching methods

☐ Movement

Module 2 Program Parts

☐ Part A - Overview/Foundations/Core Concepts

- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 2 – Key themes & principles

Module 2 – Learning Outcomes

Module 2 - Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 3 – Title

Module 3 – Teaching methods
- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 3 Program Parts
- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 3 – Key themes & principles

Module 3 – Learning Outcomes

Module 3 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 4 – Title

Module 4 – Teaching methods
- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 4 Program Parts
- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 4 – Key themes & principles

Module 4 – Learning Outcomes

Module 4 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 5 – Title

[ ]

Module 5 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 5 - Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 5 – Key themes & principles

[ ]

Module 5 – Learning Outcomes

[ ]

Module 5 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[ ]

Module 6 – Title

[ ]

Module 6 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 6 - Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 6 – Key themes & principles

[ ]

Module 6 – Learning Outcomes

[ ]

Module 6 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[ ]

Module 7 – Title

[ ]

Module 7 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 7 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 7 – Key themes & principles

[ ]

Module 7 – Learning Outcomes

[ ]

Module 7 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[ ]

Module 8 – Title

Module 8 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 8 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 8 – Key themes & principles

Module 8 – Learning Outcomes

Module 8 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 9 – Title

Module 9 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 9 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 9 – Key themes & principles

Module 9 – Learning Outcomes

Module 9 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 10 – Title

Module 10 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 10 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 10 – Key themes & principles

Module 10 – Learning Outcomes

Module 10 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[ ]

Module 11 – Title

[   ]

Module 11 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 11 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 11 – Key themes & principles

[   ]

Module 11 – Learning Outcomes

[   ]

Module 11 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[   ]

Module 12 – Title

[   ]

Module 12 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 12 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 12 – Key themes & principles

[   ]

Module 12 – Learning Outcomes

[   ]

Module 12 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[   ]

Module 13 – Title

[   ]

Module 13 – Teaching methods

- [ ] Movement
- [ ] Sensory Awareness
- [ ] Hands-on touch
- [ ] Discussion
- [ ] Assessment
- [ ] Theoretical Framework
- [ ] Other

Module 13 Program Parts

- [ ] Part A - Overview/Foundations/Core Concepts
- [ ] Part B - Skill Development
- [ ] Part C - Applications
- [ ] Part D - Internship/Practicum & Assessment

Module 13 – Key themes & principles

[   ]

Module 13 – Learning Outcomes

[   ]

Module 13 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

[   ]

Module 14 – Title

Module 14 – Learning Outcomes

☐ Movement
☐ Sensory Awareness
☐ Hands-on touch
☐ Discussion
☐ Assessment
☐ Theoretical Framework
☐ Other

Module 14 Program Parts

☐ Part A - Overview/Foundations/Core Concepts
☐ Part B - Skill Development
☐ Part C - Applications
☐ Part D - Internship/Practicum & Assessment

Module 14 – Key themes & principles

Module 14 – Associated body system / learning focus

Module 14 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Module 15 – Title

Module 15 – Teaching methods

☐ Movement
☐ Sensory Awareness
☐ Hands-on touch
☐ Discussion
☐ Assessment
☐ Theoretical Framework
☐ Other

Module 15 Program Parts

☐ Part A - Overview/Foundations/Core Concepts
☐ Part B - Skill Development
☐ Part C - Applications
☐ Part D - Internship/Practicum & Assessment

Module 15 – Key themes & principles

Module 15 – Learning Outcomes

Module 15 – Contact teaching hours with percentages of live in-person, live online, and pre-recorded content

Click to access additional fields

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Assessment

Assessment Methods

- ☐ Attendance
- ☐ Teaching/Facilitation Practice
- ☐ Reflection Papers
- ☐ Midterm and/or Final Project
- ☐ Other

If "Other", please specify:

Student assessment processes and policies must be clear to students, teaching faculty, and program directors. Describe how your program accomplishes this.

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CORE COMPETENCIES

Include here a detailed description of how your program specifically prepares your students to meet the ISMETA Core Competencies.

1. Demonstrate the primary movement principles of the system(s) trained in;

0 of 1800 max characters

2. Articulate observations of the client's posture/somatic organization;

0 of 1800 max characters

3. Describe observations of the client's movement processes;

0 of 1800 max characters

4. Design movement activities to support the client's somatic awareness;

0 of 1800 max characters

5. Facilitate movement activities to cultivate the client's somatic awareness;

0 of 1800 max characters

6. Develop lesson plans to foster movement repatterning;

0 of 1800 max characters

7. Lead experiential explorations of anatomical structures and physiological processes;

0 of 1800 max characters

8. Demonstrate skillful use of verbal and non-verbal communication;

0 of 1800 max characters

9. Demonstrate the process for engaging in ethical touch (if relevant);

0 of 1800 max characters

10. Distinguish between activities that are inside and outside of ISMETA's Scope of Practice.

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We verify that our standards align with the ISMETA Core Competencies.

☐ We agree to uphold these standards.

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Approved Training Program Application

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Learning Support Structures Included in Your Training Program

- [ ] Peer Groups
- [ ] Mentoring
- [ ] Online Learning Platforms
- [ ] Other

If "Other", please specify:

[   ]

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Approved Training Program Application

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Sample Lesson Plan

Please upload a sample lesson plan for a 1-3 hour session where you are teaching a specific concept or skill. Include specific goals and objectives for this plan. Please limit your reply to approximately 500 words.

Sample Lesson Plan

Choose File	No file chosen

Max. file size: 525 MB.

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Approved Training Program Application

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Organizational Requirements

Please provide evidence of compliance for each requirement.

ISMETA Credentials of the Program Director

- ☐ RSME
- ☐ RSMT
- ☐ RSME/T
- ☐ MSME
- ☐ MSMT
- ☐ MSME/T

All teachers in the program must be current ISMETA Registered Somatic Movement Educators or Therapists. Unregistered teachers can teach ancillary non-movement courses such as anatomy, or meditation, that creates a foundation for their training, or three hours or less of the approved program material. When a non-ISMETA member is teaching as a guest in a program, there must be an ISMETA professional member present. Exceptions to this rule must be approved by the ISMETA Professional Standards Committee.

- ☐ We Agree

There must be avenues for student feedback and evaluation of the program. Please provide a link to your Evaluation Forms.

[   ]

There must be an articulated policy to guide students in registering a grievance against a faculty member or the program. Please provide a link to your Grievance Procedures.

[   ]

The program has clearly stated tuition and refund policies. Please describe.

[   ]

0 of 1800 max characters

The program director must agree to notify ISMETA promptly of any changes in school curriculum, policies, procedures, faculty or philosophy.

- ☐ We Agree

The program director must agree to notify ISMETA promptly of any changes in school curriculum, policies, procedures, faculty or philosophy.

- ☐ We Agree

The program director or a representative must attend all quarterly Leadership Council meetings. Two may be attended virtually by watching the recordings. Representatives may be school faculty members, administrators, or graduates informed of school policies and the somatic movement field at large. Representatives must keep Program Directors and all Faculty up to date on Leadership Council activity.

- ☐ We Agree

The program must agree to participate in occasional conferences, webinars, and other types of ISMETA advocacy.

- ☐ We Agree

The program must demonstrate that it encourages its students to join ISMETA as student members and their graduates to join ISMETA as Registered Professional Practitioners. Invitation letter will be provided by ISMETA in the "About ISMETA Curriculum" found in the Leadership Council Portal.

- ☐ We Agree

The program's website and marketing materials must state clearly that graduates are eligible to become registered professional Members of ISMETA upon graduation, and the website should provide a link to

The program's website and marketing materials must state clearly that graduates are eligible to become registered professional Members of ISMETA upon graduation, and the website should provide a link to the ISMETA website.

☐ We Agree

Your website must list the percentages of in-person and online learning included in your program. Please send a screenshot of this information on your website to info@ismeta.org.

☐ We Agree

Additional Organizational Requirements: Applicant programs need to have been in existence for at least one complete cycle of the full training program, with at least 6 graduates. During the application process, ISMETA may request the names of two graduates willing to be interviewed. Exemption from this requirement may be requested by emailing info@ismeta.org with a reason for your request.

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ISMETA

SIGN UP FOR OUR MONTHLY E-NEWS

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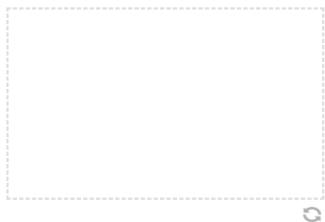Terms of Use & Privacy Policy

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Policies and Standards

All Approved Training Programs must agree to abide by the standards articulated in the <u>Training Program Guidelines and Requirements</u>, <u>ISMETA Pillars of the Profession: Scope of Practice, Core Competencies, Standards of Practice, Code of Ethics,</u> and Logo Usage Agreement below, and to train its students to abide by these standards. Please review these policies and attest to your compliance with these standards by checking the boxes below.

Training Program Guidelines and Requirements: (Required)

☐ Our institution has read and agrees to adhere to the Training Program Guidelines and Requirements

Pillars of the Profession: (Required)

☐ Our institution has read and agrees to adhere to the Pillars of the Profession

Logo Usage Agreement:

We request that all Approved Training Programs use the ISMETA Logos, link to the ISMETA website and ISMETA social media accounts. The ISMETA Logo can be used in print or in digital applications. We ask that when using the logos, you hyperlink to the ISMETA homepage <u>www.ISMETA.org</u>. Please note these Logos are dated and will need to be updated yearly on your materials. Along with the Logo, we ask that you include the following language wherever possible:

"Our Approved Training Program of the International Somatic Movement Education and Therapy Association meets the high <u>Standards of Practice and uphold the Code of Ethics</u>. For more information visit www.ISMETA.org"

Logo Usage Agreement: (Required)

☐ Our institution has read and agrees to comply with the Logo Usage Agreement

Financial Requirements

Each Training Program applying for ISMETA Professional Membership agrees to pay a $250 application fee. Please note the review process only begins once payment and all supporting documents are received and may take up to two months to complete.

If you are accepted, your prorated Approved Training Program fee will be collected at that time. Annual Approved Training Program fees are due on January 1. Renewal notices are sent by email one month before your membership is due to expire. Please make sure to complete your renewal before your membership lapses.

Consent (Required)

☐ I have read the text above and I agree to pay the $250 application fee now.

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Thank you for completing the ISMETA Approved Training Program Application. Once your application is complete, we will begin the review process. Our goal is to complete the review within two months. As part of the review, we may request the following:

• a Zoom or phone call to clarify any questions the committee may have about your application

• video or written samples of your work

Signed By

Date (Required)

| MM | DD | YYYY |

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