





# ISMETA

International Somatic Movement  
Education & Therapy Association

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**ALSO PLEASE NOTE:** There are a few 2026 dates that have not been entered yet because they have not been set:

- Annual Membership Meeting (probably late October or early November, 2026)
- Open House and Somatic Cafe events that will be scheduled by the Communications Co in the coming months
- An optional Professional Development Center events calendar that will be created in a different color

I hope this calendar is helpful!

I look forward to continuing to grow the profession of somatic movement with you in the coming months.

With great appreciation,

Elisabeth