



# ISMETA

International Somatic Movement  
Education & Therapy Association

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December 7, 2025

Dear Leadership Council Representatives,

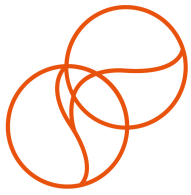
We invite you again to join us on Monday, December 8, 2025 for the ISMETA Leadership Council Meeting from 10:00 am – 11:30 am Eastern U.S. Time. **Please RSVP HERE if you are able to attend the meeting live and haven't notified us yet.** The Zoom link will be sent once you RSVP, and it can also be found in the [Leadership Council portal](#). Please note: to register for the meeting, you need to be logged into the ISMETA website with your *organizational email address*, not the email address you use for your personal ISMETA account. If you are not able to attend the meeting on December 8th, there is no need to RSVP. In that case, you will watch the video recording of the meeting once it is available.

During the meeting, we will review your suggested resources for high-quality online learning in our Approved Training Programs. We repeat our request to submit any ideas and/or materials you have developed about high-quality online learning in [THIS GOOGLE FORM](#) (if you haven't done so yet). We will add your input to the document we are creating as a resource for our Approved Training Programs.

We will also discuss an important topic that regional roundtables in the UK and Ireland, as well as Hungary, have highlighted: increasing professional recognition of Somatic Movement Education and Therapy. To stimulate your thinking about this topic before our meeting, please share your thoughts through [THIS GOOGLE FORM](#).

SPECIAL NOTE to ISMETA-Approved Training Programs: If you haven't submitted a screen shot of the percentages of online and in-person training hours on your website yet, please send that to Danique Peynado BY FRIDAY, DECEMBER 5th at: [info@ismeta.org](mailto:info@ismeta.org) with the subject line, "Our website Online learning info."

**Please remember that attendance at all of the Leadership Council meetings is required to maintain your status as an Approved Training Program or Affiliated Professional Organization.** The option of asynchronous attendance, by viewing the meeting recording, is available for a maximum of two meetings per year. To continue to build effective communication systems between the ISMETA Board and Operations Team and the Leadership Council organizations, we track attendance at all of our meetings. Those who did not attend the meeting on September 10th are required to watch the video recording of that meeting. After you view a recording, please submit the Google Attendance Form for that meeting date (included below) **BEFORE OUR NEXT MEETING ON DECEMBER 8th**. This will allow you to participate in the upcoming meeting as a well-informed member of the Council. Here are the links to the videos and the attendance forms:



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[September 10, 2025 Video Recording](#)

[September 10, 2025 Attendance Form](#)

**Please note: The video recordings will only be available through December 7th**, and if you have not completed the recordings by our next meeting, you will be marked “Absent.” Organizations with two or more absences in 2025 will have their credential as an Approved Training Program or an Affiliated Professional Organization put on hold, they will be asked to step off of the Leadership Council, and they will be removed from the ISMETA website until they agree to fulfill the requirements above.

We look forward to seeing you on December 8th!

In service,

The ISMETA Leadership Council Workgroup

Richard Sims, Board President

Kehinde Ishangi, Board Vice President

Margaret Rennerfeldt, Board Secretary

Elisabeth Osgood-Campbell, Executive Director

Nirvan Ananda, Managing Director