



BOARD OF DIRECTORS MEETING AGENDA

*TUESDAY, FEBRUARY 10, 2026
10:00 AM – 12:00 PM Eastern Time*

Executive Committee: Richard Sims (President), Kehinde Ishangi (Vice-President), Margaret Rennerfeldt (Secretary), Ray Schwartz (Treasurer), Madelanne Rust-D'Eye (Member-at-large), Florian Filtzinger (Member-at-large)

Board Members: Robin Aronson, Bibiana Badenes, Ellen Barlow, Becky Dyer, Servaas Mes, Amaranta Jacome Moreno, Jurgita Ramanauskaite

Absent: Kim Wilson

On Leave of Absence: Ethan Emmanuel Balcos

Operations Team: Elisabeth Osgood-Campbell (Executive Director), Nirvan Ananda (Managing Director), Danique Peynado (Operations Coordinator), and Dana Davison (Communications Consultant)

Goals:

- Connect virtually as a whole Board of Directors and Operations Team
- Provide updates about important projects
- Discuss Financial Considerations

AGENDA

10:00 – 10:03 am ~ Welcome and Opening Remarks

Richard Sims, Board of Directors President

10:03 – 10:08 am ~ Consent Agenda

Margaret Rennerfeldt, Board of Directors Secretary

The first official business of the meeting is to approve the consent agenda. This is where we vote to accept the Committee Reports into the organizational record and approve this Agenda

for our current meeting. The [Committee Reports](#) should be read in advance and any questions addressed to the Committee Chair prior to the meeting.

- Does someone make a motion to accept the consent agenda? (write their name down)
 - Who did this?
- Does someone second that motion? (write their name down)
 - Who did this?
- Take a vote on accepting the consent agenda (write the tally of votes)
 - All in favor?
 - All opposed?

10:08– 10:15 am ~ Somatic Arrival

By ???

10:15 – 10:40 am ~ Whole Group Mingle

Kehinde Ishangi, Board of Directors Vice President

10:40 – 10:50 am ~ Update about the New Independent Track Application

Danique Peynado, Operations Coordinator and Elisabeth Osgood-Campbell, Executive Director

10:50 - 11:05 am ~ FY 2026 Financial Update

Nirvan Ananda, Managing Director and Rich Sims, Board of Directors President

11:05 – 11:13 am ~ Operations Team Review Process Overview

Nirvan Ananda, Managing Director and Elisabeth Osgood-Campbell, Executive Director

11:13 – 11:20 am ~ Choose 2026 Annual Membership Meeting Date

Margaret Rennerfeldt, Board of Directors Secretary

11:20 – 11:30 am ~ BREAK

11:30 – 11:35 am ~ Update about Polyvagal Theory Collegial Conversation

Elisabeth Osgood-Campbell, Executive Director

11:35 – 11:40 am ~ Leadership Council Topic: Scope of Practice

Rich Sims, Board of Directors President

11:40 – 11:55 am ~ 2027 Conference Update

Nirvan Ananda, Managing Director, Elisabeth Osgood-Campbell, Executive Director

11:55 am – 12:00 pm Closing

Richard Sims, Board President

IMPORTANT 2026 DATES

Other Board of Directors Meetings in 2026:

- Tuesday, May 19th from 10am-12pm ET ~ 2nd quarterly meeting
- Tuesday, September 15th from 10am-12pm ET ~ 3rd quarterly meeting
- Tuesday, December 8th from 10am – 12pm ET ~ 4th quarterly meeting

Leadership Council meetings in 2026:

- Wednesday, March 11th from 12:00-1:30 pm ET ~ 1st quarterly meeting
- Monday, June 8th from 10:00-11:30 am ET ~ 2nd quarterly meeting
- Wednesday, September 9th from 12:00-1:30 pm ET ~ 3rd quarterly meeting
- Monday, December 14th from 10:00-11:30 am ET ~ 4th quarterly meeting

Annual Membership Meeting in 2026:

- CHOOSE DATE!

Our Next Tasks

Approval of Meeting Minutes

Keep an eye on your email. Minutes will be sent out for your approval within a week of this meeting. **ALL Board Members Need to Read and Respond with edits or acceptance within One Week of receiving the DRAFT Minutes!** Please be considerate and attend to the deadline. It really is a big deal to track people down.