



ISMETA

International Somatic Movement
Education & Therapy Association

Professional Development Center

2027 Call for Proposals for ISMETA Members

Dear ISMETA Member,

Would you like to **earn income while sharing your somatic movement work** with the ISMETA community and the general public online? If so, we invite you to **submit a proposal by September 14, 2026** to facilitate a workshop or course on our learning platform - the **Professional Development Center (PDC) - in 2027!**

We will host an average of two class series or workshops each month, and already have a few proposals for the next calendar year. Please read on for more information, and submit your proposal through [THIS GOOGLE FORM](#). For your convenience, the Google form questions appear in the **Appendix** at the end of this letter so that you can write out your responses before you fill out the Google form.

Here are some elements to consider when creating a proposal to teach an online course through the ISMETA Professional Development Center:

- How does this event align with **ISMETA's Scope of Practice and/or Core Competencies** found [HERE](#)?
- How will this event **support the professional growth** of your colleagues in the Somatic Movement field and/or affiliated fields?
- What format would you like to offer? A **single session** (usually at least 1.5 hours long) or a **series** (weekly, or bi-weekly)?
- What length of a course would you like to offer? A single session between 1.5 and 6 hours in length, or a series of classes up to a maximum of 12 hours of teaching time (in 2,3,4, or more sessions).

- Do you want the recordings of your live, online session(s) to be available for purchase on the PDC after the live event is completed, or simply available as reference materials to those who register for the course?

The profit-sharing plan for events offered through the PDC through 2027 is as follows:

- **Live events:** 50/50 split of the net profit after covering the set-up and production costs. Currently, ISMETA charges a **\$250 set-up fee** to cover the costs of hosting the event on our online platform, advertising the event to our **mailing list of over 3,400 people**, registering participants, and providing tech support leading up to and during the event.
- **Live recorded events** can be made available for sale on the PDC: 50/50 split of the net profit after covering the set-up and production costs.

Please see the Google form questions below. When your responses to the application questions are complete (in a separate Word document, for example), we invite you to **submit proposals through [THIS GOOGLE FORM](#)**. The **PDC Workgroup** aims to reply to your submission **by mid-October**. If you have any questions, please contact the PDC Workgroup: fdc@ismeta.org.

We look forward to receiving your proposals!

Together, we are **growing the profession of somatic movement!**

In Service,

The ISMETA PDC Workgroup and the Executive Committee

APPENDIX: 2027 GOOGLE FORM PROPOSAL QUESTIONS

APPLICANT NAME AND COURSE TITLE

PRESENTER INFORMATION

How many presenters will there be? (1 – 4)

Name, email, phone number, mailing address (including country), ISMETA membership (ASMP, RSME, RSMT, MSME, MSMT, Student Member, Friend of ISMETA)

EVENT INFORMATION

Title of Event (maximum length = 75 characters including spaces):

Time zone in which the event will occur:

Event type: (live, live and recorded with video available for purchase afterward)

Event format: (workshop – single session with number of hours or course – multiple sessions, with total number of sessions, frequency of sessions (weekly or bi-weekly), and number of hours in each session)

Select the Learning Pathway that your event will be housed in:

- Somatic Movement in Practice (Most events are housed in this general category, but if your topic is more specific, it may fit best in one of the other pathways below.)
- Research and Publications
- Trauma-informed Practices for Somatic Movement Professionals
- Cultivating a Vibrant Work Life

Please provide a one-paragraph description of the event, including the somatic movement approaches you will integrate into your event. (Maximum length = 1500 characters including spaces)

How will your event support the professional development of colleagues within the field of somatic movement as well as in complementary fields? (Maximum length = 1500 characters including spaces)

Please include 3 learning goals for your event below, i.e., what will participants gain from this course or workshop?

Learning goal 1:

Learning goal 2:

Learning goal 3:

Please provide a lesson plan for a single session – and an outline for a longer series – for your professional development event below. (Maximum length = 1500 characters including spaces)

Cost of the Event: Up until now, we have offered discounted rates for ISMETA members and regular rates for non-ISMETA members. Participants have responded well to the pricing structure of \$25/hour of teaching time for ISMETA members (e.g., \$75 for a 3-hour workshop) and \$35/hour for non-ISMETA members (e.g., \$105 for a 3-hour workshop). However, presenters can propose different prices if they so choose. The final prices will be set through a dialogue between the presenter(s) and ISMETA. With this information in mind, what prices for ISMETA members and non-members do you propose for this event?

Target Number of Participants: What are the minimum, maximum, and ideal numbers of participants in your event?

Scheduling Dates: When would you like to schedule your event? (Please include 3 possible dates that are *more than 10 weeks after your submission date* to allow for ample review and publicity time.)

Please note: a 30-60 minute tech meeting will be required 2 weeks in advance of the event launch date.

If you have questions about this proposal form, please contact us at: pd@ismeta.org

When your application is complete, please copy and paste your responses to each question into [THIS GOOGLE FORM](#).

Thank you for your interest in presenting an event through ISMETA's Professional Development Center! We look forward to reading your proposal!